Hearing the Universe Hum with Pulsar Timing Array: Gravitational Waves from phase transition and Primordial Black Hole formation

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Outline of the talk:

- Sources of Primordial Gravitational Waves
- Measurement of Stochastic GW background at Pulsar Timing Array
- Astrophysical Interpretation: supermassive black holes
- Cosmological Interpretation: strong first-order phase transition
- Primordial Blackholes from strong first order phase transition.
- Particle Physics interpretation: Axion-like particle model where PQ phase transition, three-pronged complementarity between PBH, GW and laboratory searches.

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Pulsar Timimg Array Collaboration



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Disclaimer: separate analysis.



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The Standard Model.



The Standard Model is very successful.

Many experimental tests. No cracks yet.

Cosmos



A standard model of cosmology.

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Open questions in the Standard Model

Very nice, but it looks like chemistry to me.

Hierarchy, nautralness

Flavor structure

CP violation

Unification? ...

What gives us the Standard Model?







Vast gaps!

Need more lampposts!



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Relic photons from the early Universe

GW



GWB: Gravitational-wave background Relic gravitational waves from the early Universe $\sim or \sim$ astrophysical signal

PULSARS

Rotation Axis

Radiation Beams

Animation by NASA's Goddard Space Flight Center

Magnetic Field Axis

TIMING RESIDUALS

Pulses expected from Timing Model

 δt timing residuals



Pulses Recorded by Radio Telescope



A GALAXY-SIZE DETECTOR FOR GWs.

67 pulsars observed by NG

observing baseline of 15 yrs

Animation by NSF

distance to pulsars up to ~kpc IPTA DR3 will contain >100 pulsars

credits Keyi "Onyx" Li / NSF / NANOGrav















EVIDENCE FOR GWB



EVIDENCE FOR GWB

NANOGrav: 68 pulsars, 16yr of data ~3-4 σ significance



EPTA + InPTA: 25 pulsars, 24yr of data $\sim 3\sigma$ significance





32 pulsars, 18yr of data $\sim 2\sigma$ significance





SPECTRUM



EPTA + InPTA











what is the source?

LIGO observed GW of astrohysical origin, we in PTA see stochastic GW background.



32 pulsars, 18 yr of data, HD at \sim 2 σ

57 pulsars, 3.5 yr of data, HD at \sim 4.6 σ

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GW



Inflation

- · Nonminimal blue-tilted models
- Interplay with CMB observables



Cosmic defects

- · Cosmic strings, domain walls
- Access to grand unified theories



Phase transition

- Modified QCD transition, dark sector
- Complementary to laboratory searches



Scalar perturbations

- Associated with primordial black holes
- · PBH dark matter, supermassive BHs



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Early universe



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Typical GW spectrum from thermal first-order phase transition:



Huang (2018)

Topological defects like cosmic strings can be formed in early universe when some gauge $U(1)_X$ symmetry is broken in early universe. It give rise to scale invariant GW spectrum. Detection prospects lies on the symmetry breaking scale vev.



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Topological defects like cosmic strings can be formed in early universe when some global $U(1)_X$ symmetry is broken in early universe. Detection prospects lies on the symmetry breaking scale vev which needs to be very high.



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Cui (2021)

Topological defects like Domain Walls are formed when a discrete symmetry is broken and give rise to GW spectrum may look something like this (still under active research topic). Detection prospects lies of symmetry breaking scale as well as the asymmetry term in the potential, like cubic term.



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Dunsky at. al. (2021)

Primary Tensor Perturbations and Secondary Tensor Spectrum induced by first-order scalar perturbation via mixing. Can be tuned to generate high amplitude in high frequency regions. Acts as natural probes of particle models like Higgs inflation, axion inflation, MSSM inflation, etc.



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GW

Excitation of tensor perturbations during inflaton oscillating in FRW background. Back-reaction and effects of metric fluctuations. Enhancement mechanism: Bose-resonance, tachyonic growth, parametric resonance.



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Figuera (2007)



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Relic photons from the early Universe

GW

New physics: many models can fit the data, but situation inconclusive



[NANOGrav 2305.16219] [See also: EPTA 2306.16227]

Bayesian model comparison



- Many BSM models reach Bayes of order 10 ··· 100.
- Interesting but not conclusive. Lots of uncertainties in SMBHB and BSM models.
- Bayes factors are sensitive to prior choices. No unique null distribution for H₀.

NANOGrav team behind the new-physics analysis of the 15-year data



Ken Olum











Tanner Trickle





David Wright



0 Searches for signals from new physics in NANOGrav data $\rightarrow 2306.16219$

O New software tools for fitting BSM models to PTA data \rightarrow PTArcade

Several sources of SGWB of cosmic origin:



Ellis (2023)

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Probing the Dark Matter density with gravitational waves from super-massive binary black holes

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History of the Universe

NOW LET US HEAR THE SOUND OF THE UNIVERSE !

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History of the Universe

Did we hear the sound of the Universe boiling? Analysis using the full fluid velocity profiles and NANOGrav 15-year data

Tathagata Ghosh,¹,[•] Anish Ghoshal,²,[†] Huai-Ke Guo,³,[‡] Fazlollah Hajkarim,⁴,[§] Stephen F King,⁵,[†] Kuver Sinha,⁴,[•] Xin Wang,⁵,^{††} and Graham White⁵,^{‡‡} ¹ Harish-Chandra Research Institute,
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History of the Universe

Phase Transitions:

- Bubbles nucleate and grow.
- Expand in plasma.
- Bubbles and fronts collide - violent process.
- Sound Waves left behind in thermal plasma.
- Turbulence, damping.







BH formed before any astrophysical objects exists **PBH** formation **Star formation** $z \gg 10^3$ $z \lesssim 30$









How do they form ?

$H^2 = \frac{8\pi G}{3}\rho$



Friedmann's equation : $H^{-3} \times H^2 = \frac{8\pi G}{3}\rho \times H^{-3}$

How do they form ?



How do they form ?





 $\equiv R_{\rm H}$

How do they form ?





How do they form ?

$R_{\rm H} = 2GM_{\rm H}$





Schwarschild's equation

How do they form ?

$R_{\rm H} = 2GM_{\rm H}$





Schwarschild's equation



How do they form ?

$R_{\rm H} = 2GM_{\rm H}$

Hubble patches are on the edge to collapse into black holes









 H^{-}



 $R_{\rm H} = 2GM_{\rm H}$



PBHs formation during supercooled phase transition

Guth 1980 "Old inflation idea"



























Old vacuum-dominated region (outside bubbles)





Old vacuum-dominated region (outside bubbles)





Old vacuum-dominated region (outside bubbles)





Old vacuum-dominated region (outside bubbles)





Old vacuum-dominated region (outside bubbles)





Old vacuum-dominated region (outside bubbles)





Old vacuum-dominated region (outside bubbles)





Old vacuum-dominated region (outside bubbles)




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Old vacuum-dominated region (outside bubbles)





Old vacuum-dominated region (outside bubbles)

Old vacuum-dominated region (outside bubbles)

$\delta \rho / \rho \gtrsim 0.45.$

if

Old vacuum-dominated region (outside bubbles)

$\delta \rho / \rho \gtrsim 0.45.$

if

then

Old vacuum-dominated region (outside bubbles)

Schwaller (Amsterdam, 2019)

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Strong CP Problem:

$$\frac{\theta}{32\pi^2} \int d^4x \, G^a_{\mu\nu} \tilde{G}^{a\mu\nu} \qquad \qquad \theta + \operatorname{Arg}[\operatorname{Det}(y_u y_d)] < 10^{-10}$$

Axion solution:

$$\theta \rightarrow \frac{a(x)}{f} \qquad \qquad \mathcal{L} = \frac{1}{2} (\partial_{\mu} a)^2 + \frac{a}{f_a} \frac{\alpha_s}{8\pi} G \tilde{G} \qquad \qquad \ \ \text{Weinberg-Wilczek 78]}$$

PQWW axion:

Axion identified with the phase of the Higgs in a 2HDM ($f_a \sim V_{EW}$ was quickly ruled out long ago) ($F_{a} \sim V_{EW}$ was quickly ruled out long ago)

The need to require fa >> VEW: "invisible axion"

- DSFZ Axion: SM quarks and Higgs charged under PQ.
 Requires 2HDM + 1 scalar singlet. SM leptons can also be charged. [Dim, Ficher Smelrick] (1981).2thetary (1980]]
- KSVZ axion (or QCD axion, or hadronic axion): All SM fields are neutral under PQ. QCD anomaly is induced by new quarks, vectorlike under the SM, chiral under PQ.

[Kim (1979), Shifman, Vainshtein, Sakharov (1980)]

GW

Slaying Axion-Like Particles via Gravitational Waves and Primordial Black Holes from Supercooled Phase Transition

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As long as AQCD <T < fa:

• As soon as $T \sim \Lambda_{QCD}$:

 $\begin{array}{l} U(1)_{PQ} \ \text{explicit breaking (instanton effects)} \\ m_a(T) \ \text{turns on. When } m_a(T) > H \sim 10^{-9} \ \text{eV}, \\ <a_0> \longrightarrow 0 \ \text{and starts oscillating undamped} \end{array}$

$$\ddot{a} + 3H\dot{a} + m_a^2(T)f_a \sin\left(\frac{a}{f_a}\right) = 0$$

Energy stored in oscillations behaves as CDM

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- Axion or ALP couplings to SM particles are always suppressed by inverse powers of U(1)_{PQ} symmetry breaking scale f_a.
- Phenomenological scalar with complex singlet scalar Φ:

$$\Phi(x) = \frac{1}{\sqrt{2}} (f_a + \phi(x)) e^{ia(x)/f_a}$$
(1)

Spontaneous breaking of U(1) may lead to strong first-order phase transition at the f_a scale & generate GW signals to be detected at the current and future detectors.

$$\begin{split} \mathcal{V}(\phi,T) \ &= \ \mathcal{V}_0(\phi) + \mathcal{V}_{\rm CW}(\phi) + \mathcal{V}_T(\phi,T) \,, \\ \bullet \ \mbox{Tree-level:} \ \ \mathcal{V}_0 \ &= \ -\mu^2 |H|^2 + \lambda |H|^4 + \kappa |\Phi|^2 |H|^2 + \lambda_a \left(|\Phi|^2 - \frac{1}{2} f_a^2 \right)^2 \,. \\ &= \ \frac{\lambda_a}{4} \left(\phi^2 - f_a^2 \right)^2 + \left[\frac{\kappa}{2} \phi^2 - \mu^2 \right] \left(\frac{1}{2} h^2 + \frac{1}{2} G_0^2 + G_+ G_- \right) \\ &+ \lambda \left[\frac{1}{2} h^2 + \frac{1}{2} G_0^2 + G_+ G_- \right]^2 \,. \\ \bullet \ \ \mbox{One-loop:} \ \ \ \mathcal{V}_{\rm CW}(\phi) \ &= \ \sum_i (-1)^F n_i \frac{m_i^4(\phi)}{64\pi^2} \left[\log \frac{m_i^2(\phi)}{\Lambda^2} - C_i \right] \,. \end{split}$$

• Finite-temperature:
$$\mathcal{V}_T\left(\phi,T
ight) = \sum_i \left(-1
ight)^F n_i \frac{T^4}{2\pi^2} J_{B/F}\left(\frac{m_i^2\left(\phi\right)}{T^2}\right)$$

Temperature-dependent mass terms:

[Dolan, Jackiw (PRD '74); Arnold, Espinosa (PRD '93); Curtin, Meade, Ramani (EPJC '18)]

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 $f_{\text{PBH}} = 1$

WHAT DID WE LEARN: PBH formation from strong first-order phase transition and false vacuum (old Guth's idea) can give rise to PBH as entire DM candidate without any fine-tuning of initial condition. It can also explain NANOGRAV data. testability comes from the corresponding GW spectral shapes from phase transition.

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Summary:

- Any source of energy density in early can have primordial density fluctuations and if such fluctuations may be compactified inside a Schwarzchild critical mass and form Primordial Blackholes, we should not limit ourselves to inflation.
- Each source does not come for free, but its its corresponding stochastic GW signal, each of which looks different from each other in terms of GW spectral shapes.
- Data from Pulsar timing array have arrived to test your favorite cosmological models.
- Strong first-order phase transition can lead to both spinning and non-spinning PBH.
- Simple Axion-like Particle scenarios can be searched in 3-pronged complementarity: Lab searches, Gravitational Waves and Primordial Blackholes
- ▶ PBH can be the entire dark matter candidate of the universe in some parameter space. Or be two-component dark matter: ALP + PBH.
- Discovering ALP may mean huge constraints on PBH param space.
- Discovering PBH may mean constraints on ALP parameter space. KILL parameter space from PBH oberproduction when $f_{PBH} > 1$.
- Other than Axion-like particles what could be other BSM scenarios involving Zprime, right handed neutrino, flavor physics that may lead of PBH formation and complementary laboratory searches.

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Summary:

- ▶ NANOGrav and other PTA data sees evidence of stochastic GW background.
- astrophysical interpretation involves supermassive black holes with dynamical friction and dark matter density.
- cosmological interpretation involves any source of energy density in early can have primordial density fluctuations and if such fluctuations may be compactified inside a Schwarzchild critical mass and form Primordial Blackholes, we should not limit ourselves to inflation.
- Each source does not come for free, but its its corresponding stochastic GW signal, each of which looks different from each other in terms of GW spectral shapes.
- Very hard to form PBH in minimal single-field inflation and also satisfy NanoGRAV. Similar story goes with other sources.
- False vacuum phase transition leads to PBH and may explain the signal. Strong first-order phase transition can lead to both spinning and non-spinning PBH. No fine-tuning of initial conditions needed unlike single field inflation.
- particle physics interpretation involves axion physics leading to PBH and GW signals along with laboratory searches in complementary manner.
- Time has come to use data from Pulsar timing array to do serious cosmology, just like we do with BAO data, or PLANCK CMB data, or SNe data. Perhaps even combine PTA datasets with others for analysis.

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Gravitational Waves Workshop in ICTS

Hearing Early Universe with Cosmic Sources of

Gravitational Waves

Dec 30, 2024 - Jan 10, 2025, ICTS, Bangalore

Organizers:

Koushik Dutta (IISER-Kolkata)

Subhendra Mohanty (IIT-Kanpur)

Tathagata Ghosh (HRI, Prayagraj)

Anish Ghoshal (University of Warsaw, Poland)

Gravitational Waves Workshop in ICTS

You are welcome, registration to open soon !!

Day 1-3: Phase Transitions GW

Day 4: Topological Defects GW

Day 5-7: Inflationary Sources GW

Day 8: Field Theory aspects GW

Day 9-10: GW experiments +

Week 1: Pedagogical Lectures

Thank You

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