

Hartle ch 22

# Einstein Equations

Carroll ch 4

- the dynamics

Ferrari ch 6+7

- the  
"matter tells space time how to curve"

- "curvature tells matter how to move"

- equations

- difficult : highly non linear (unlike EM)

- can formulate initial value problem (with limitations...)

# Newtonian Gravity

$$\frac{d\mathbf{v}^i}{dt} = - \nabla^i \Phi \quad \left( \Phi = G \frac{M}{R} \right)$$

$$\nabla^2 \Phi = 4\pi G \rho$$

# Newtonian Gravity

$$\frac{d\mathbf{v}^i}{dt} = - \nabla^i \Phi$$

↳ a force

$$\nabla^2 \Phi = 4\pi G \rho$$

↳ Gauss' law

Valid when:

- $v_i \ll 1$
- static field
- weak field

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build using Minimal Coupling Principle: (MCP)

- small enough region described by SR physics
- we can't detect gravity with a local experiment  
( $\Rightarrow$  no direct coupling to curvature)
- laws of physics can be expressed in coordinate invariant form  
( $\Rightarrow$  tensorial equations)

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MCP is strong! why not  $\frac{du^\mu}{d\tau} + \Gamma^\mu_{\nu\rho} u^\nu u^\rho = \alpha \nabla_\nu R u^\nu u^\mu$ ?

$\propto R \rightarrow 0$  we obtain SR!

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Well... in the end the experiment will tell!

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hum... notice that  $\alpha$  has dimensions  $[L]^2$

how can we construct a natural unit for  $\alpha$ ?

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$$l_p \sim 1.6 \times 10^{-35} \text{ m} \sim (1.2 \times 10^{19} \text{ GeV})^{-1}$$

so is it because  $\alpha \sim l_p^2$ ?

Slow motion, static + weak field limit:

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$$\text{Since } \underbrace{\nabla^2 \Phi}_{\partial^2 g} = 4\pi \rho \quad \underbrace{T_{\infty}}_{}$$

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- must be in tensorial form

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No!  $\nabla^\mu T_{\mu\nu} = 0$  and  $\nabla^\mu R_{\mu\nu} = \frac{1}{2} \nabla_\nu R \neq 0$  (Bianchi identity)

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$$\text{Good! } \nabla^\mu T_{\mu\nu} = 0 \quad \nabla^\mu G_{\mu\nu} = 0$$

Determine  $\kappa$  in weak+static field, slow moving matter:

$$T_{00} \approx p \quad R_{00} \approx -\frac{1}{2} \nabla^2 h_{00}$$

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- 6 independent equations (Bianchi equation)
- 6 independent degrees of freedom ( $g_{\mu\nu}$ )
- can formulate initial value problem

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$$T_{\mu\nu} = 0 \Rightarrow R_{\mu\nu} = 0 \quad \text{Einstein equation in the vacuum (and } n=0)$$

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# Cosmological Constant

If there is vacuum energy, must be Lorentz invariant

$$\hat{T}_{\mu\nu}^{(\text{vac})} = -\rho_{\text{vac}} \eta_{\mu\nu} \rightarrow T_{\mu\nu}^{(\text{vac})} = -\rho_{\text{vac}} g_{\mu\nu} \quad \rho_{\text{vac}} = \text{constant}$$

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From  $T_{\mu\nu} = (\rho + p)u^\mu u^\nu + p g_{\mu\nu} \Rightarrow \begin{cases} \rho_{\text{vac}} = -\rho_{\text{vac}} \\ w_{\text{vac}} = -1 \end{cases}$

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$$w_{\text{vac}} = -1$$

$$G_{\mu\nu} = 8\pi G \left( T_{\mu\nu}^M + T_{\mu\nu}^{(\text{vac})} \right) = 8\pi G T_{\mu\nu}^M - 8\pi G \rho_{\text{vac}} g_{\mu\nu} \Rightarrow$$

$$G_{\mu\nu} + (8\pi G \rho_{\text{vac}}) g_{\mu\nu} = 8\pi G T_{\mu\nu}^M \Rightarrow G_{\mu\nu} + \Lambda g_{\mu\nu} = 8\pi G T_{\mu\nu}^M$$

# Cosmological Constant

- $|\rho_{\text{vac}}| \leq (10^{-12} \text{ GeV})^4 \ll (10^{18} \text{ GeV})^4$   
    " "  
     $E_p$
- $\Lambda$  has been introduced in cosmology by hand as a geometric term to produce static universe (Einstein's "biggest blunder")  
In principle a free parameter to be determined by observation

$$G_{\mu\nu} + (8\pi G \rho_{\text{vac}}) g_{\mu\nu} = 8\pi G T_{\mu\nu}^M \Rightarrow G_{\mu\nu} + \Lambda g_{\mu\nu} = 8\pi G T_{\mu\nu}^M$$

## Lagrangian Formulation

Derive Einstein equations from action principle

- explicit manifestation of symmetries
- can be used to build extensions to GR , or study connection of GR to other theories (e.g. strings)
- one road to (possible ) quantum theory

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- one road to (possible) quantum theory

Simple :

$$S = \frac{1}{16\pi G} \int d^4x \sqrt{-g} (R - 2\Lambda) + S^M$$

$$\delta S = 0 \Rightarrow G_{\mu\nu} + \Lambda g_{\mu\nu} = 8\pi G T_{\mu\nu}$$

# Functional Differentiation

$$F : \mathbb{R}^n \rightarrow \mathbb{R} \quad q_i \rightarrow F(q_i) \in \mathbb{R}$$

$$S : F(\mathbb{R}^n) \rightarrow \mathbb{R} \quad \phi(x) \rightarrow S[\phi(x)] \in \mathbb{R}$$

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$$\phi(x) \xrightarrow{i \leftarrow x} S[\phi(x)] \in \mathbb{R}$$

The diagram illustrates the composition of two functions,  $F$  and  $S$ . The function  $F$  maps vectors from  $\mathbb{R}^n$  to  $\mathbb{R}$ , specifically mapping  $q_i$  to  $F(q_i)$ . The function  $S$  maps functions from  $\mathbb{R}^n$  to  $\mathbb{R}$ , specifically mapping  $\phi(x)$  to  $S[\phi(x)]$ . A red double-headed arrow between  $q_i$  and  $\phi(x)$  is labeled  $i \leftarrow x$ , indicating a relationship where  $q_i$  is mapped to  $\phi(x)$  via the inverse of  $x$ .

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$$dF = \sum_i \frac{\partial F}{\partial q_i} dq_i = F(q_i + dq_i) - F(q_i) + \mathcal{O}(dq_i^2)$$

# Functional Differentiation

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$$S: F(\mathbb{R}^n) \rightarrow \mathbb{R} \quad \phi(x) \xrightarrow{i \leftarrow x} S[\phi(x)] \in \mathbb{R}$$

$$dF = \sum_i \frac{\partial F}{\partial q_i} dq_i = F(q_i + dq_i) - F(q_i) + \mathcal{O}(dq_i^2)$$

$$\delta S = \sum_x \frac{\delta S}{\delta \phi(x)} \delta \phi(x)$$

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\$\frac{\partial F}{\partial q\_i}\$  $\hookrightarrow$  partial derivative wrt \$q\_i\$ at \$i\$

$$\delta S = \int dx \frac{\delta S}{\delta \phi(x)} \delta \phi(x) = S[\phi(x) + \delta \phi(x)] - S[\phi(x)] + \mathcal{O}(\delta \phi^2)$$

$\hookrightarrow$  functional derivative wrt \$\phi(x)\$ at \$x\$

# Action Principle

$$S[q_i(t)] = \int dt L(q_i, \dot{q}_i)$$

function of  $q_i, \dot{q}_i$

↑↑  
independent variables

⇒ it makes sense to calculate

$$\frac{\partial L}{\partial q_i}, \quad \frac{\partial L}{\partial \dot{q}_i}$$

# Action Principle

$$S[q_i(t)] = \int dt L(q_i, \dot{q}_i)$$



functional of  
 $q_i(t)$

$$q_i(t) \rightarrow S[q_i(t)] \in \mathbb{R}$$

# Action Principle

$$S[q_i(t)] = \int dt L(q_i, \dot{q}_i)$$

↓       $\hookrightarrow$  number  $S[q_i(t)]$  calculated by  
functional of  $q_i(t)$  substituting  $q_i(t)$ . Then  $\dot{q}_i = \frac{dq_i(t)}{dt}$

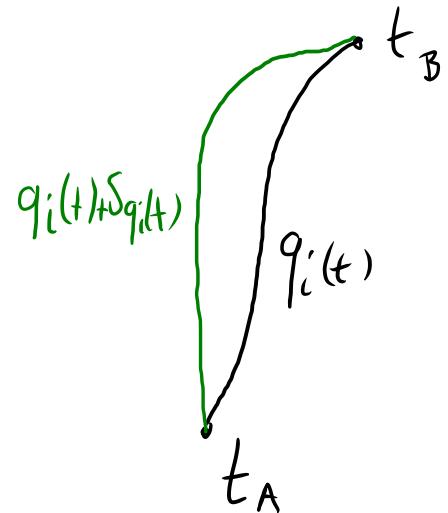
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# Action Principle

$$S[q_i(t)] = \int dt L(q_i, \dot{q}_i)$$

Consider variations  $q_i(t) \rightarrow q_i(t) + \delta q_i(t)$

$$\text{s.t. } \delta q_i(t_A) = \delta q_i(t_B) = 0$$



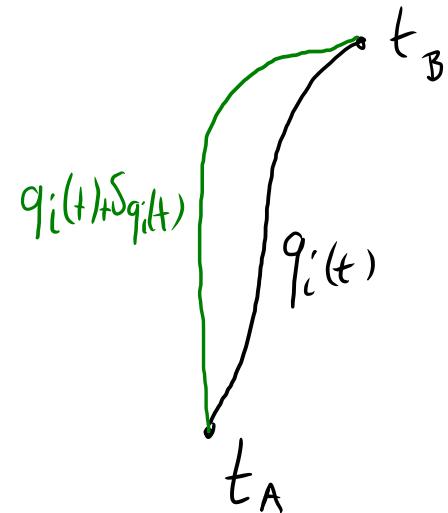
# Action Principle

$$S[q_i(t)] = \int dt L(q_i, \dot{q}_i)$$

Consider variations  $q_i(t) \rightarrow q_i(t) + \delta q_i(t)$

s.t.  $\delta q_i(t_A) = \delta q_i(t_B) = 0$ , then

$$\delta S = 0 \Rightarrow \frac{d}{dt} \frac{\partial L}{\partial \dot{q}_i} - \frac{\partial L}{\partial q_i} = 0 \quad \text{eom}$$



# Action Principle

Field Theory:

$$S[\phi(x)] = \int d^4x \mathcal{L}(\phi, \partial_\mu \phi)$$

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# Action Principle

Field Theory:

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$$S[\phi(x) + \delta\phi(x)] = \int d^4x \mathcal{L}(\phi + \delta\phi, \partial_\mu \phi + \delta\partial_\mu \phi)$$

$$= \int d^4x \mathcal{L}(\phi, \partial_\mu \phi) + \int d^4x \left[ \frac{\partial \mathcal{L}}{\partial \phi(x)} + \frac{\partial \mathcal{L}}{\partial (\partial_\mu \phi(x))} \right] \delta(\partial_\mu \phi(x)) + \mathcal{O}(\delta^2)$$

# Action Principle

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$$= S[\phi(x)] + \int d^4x \underbrace{\frac{\delta S}{\delta \phi(x)}}_{= \delta S} \delta\phi(x)$$

# Action Principle

$$\delta S = \int d^4x \frac{\delta S}{\delta \phi(x)} S_\phi(x)$$

$$= \int d^4x \left[ \frac{\partial L}{\partial \phi(x)} S_\phi(x) + \frac{\partial L}{\partial (\partial_\mu \phi(x))} S(\partial_\mu \phi(x)) \right]$$

get rid: trade for  $S_\phi(x)$   
to calculate  $\frac{\delta S}{\delta \phi}$

$$\underbrace{\int d^4x \frac{\delta S}{\delta \phi(x)} S_\phi(x)}_{= \delta S}$$

# Action Principle

$$\begin{aligned}\delta S &= \int d^4x \frac{\delta S}{\delta \phi(x)} S_{\phi}(x) \\ &= \int d^4x \left[ \frac{\partial L}{\partial \phi(x)} S_{\phi}(x) + \frac{\partial L}{\partial (\partial_\mu \phi(x))} S(\partial_\mu \phi(x)) \right]\end{aligned}$$

$$\phi(x) \rightarrow \phi(x) + \delta \phi(x) \Rightarrow \partial_\mu \phi(x) \rightarrow \partial_\mu \phi(x) + \partial_\mu (\delta \phi(x))$$

# Action Principle

$$\delta S = \int d^4x \frac{\delta S}{\delta \phi(x)} S_\phi(x)$$

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$$\phi(x) \rightarrow \phi(x) + \delta \phi(x) \Rightarrow \partial_\mu \phi(x) \rightarrow \partial_\mu \phi(x) + \underbrace{\partial_\mu (\delta \phi(x))}_{\delta (\partial_\mu \phi(x))}$$

$$\Rightarrow S(\partial_\mu \phi(x)) = \partial_\mu (S_\phi(x))$$

# Action Principle

$$\delta S = \int d^4x \frac{\delta S}{\delta \phi(x)} \delta \phi(x)$$

$$= \int d^4x \left[ \frac{\partial L}{\partial \phi(x)} \delta \phi(x) + \frac{\partial L}{\partial (\partial_\mu \phi(x))} \delta (\partial_\mu \phi(x)) \right]$$

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---

$$\Rightarrow \delta (\partial_\mu \phi(x)) = \partial_\mu (\delta \phi(x))$$

# Action Principle

$$\delta S = \int_V d^4x \frac{\delta S}{\delta \phi(x)} \delta \phi(x)$$

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$$= \int_V d^4x \left[ \frac{\partial L}{\partial \phi(x)} \delta \phi(x) - \partial_\mu \left[ \frac{\partial L}{\partial (\partial_\mu \phi(x))} \right] \delta \phi(x) \right]$$

$$+ \int_V d^4x \partial_\mu \left[ \frac{\partial L}{\partial (\partial_\mu \phi(x))} \delta \phi(x) \right]$$

# Action Principle

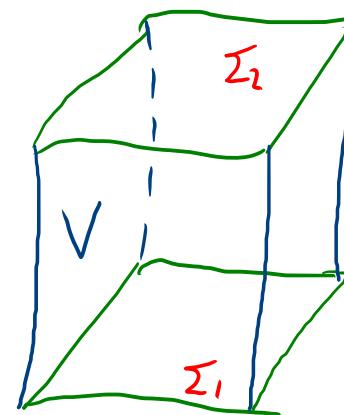
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$$+ \int_{\partial V} d^3y n^\mu \left[ \frac{\partial L}{\partial (\partial_\mu \phi(x))} \delta \phi(x) \right]$$



# Action Principle

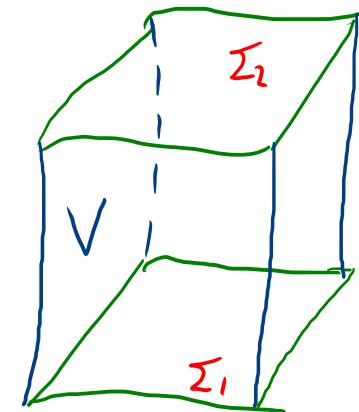
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$$\delta \phi|_{\Sigma_1} = \delta \phi|_{\Sigma_2} = 0$$

$$\frac{\partial L}{\partial (\partial_\mu \phi)} \delta \phi|_{\partial V} = 0$$

Choose  $\delta \phi$  to make  
this zero

# Action Principle

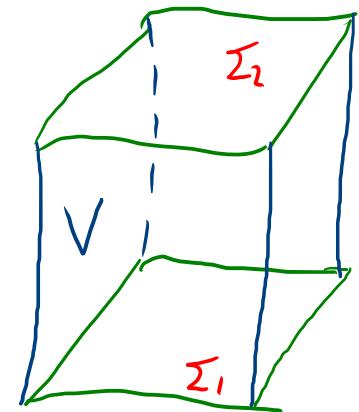
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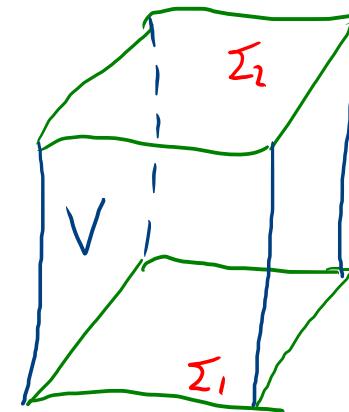


$$\delta \phi|_{z_1} = \delta \phi|_{z_2} = 0$$

$$\frac{\partial L}{\partial (\partial_\mu \phi)} \delta \phi|_{\partial V} = 0$$

# Action Principle

$$\delta S = 0 \Rightarrow \frac{\partial L}{\partial \phi(x)} - \partial_t \left[ \frac{\partial L}{\partial (\partial_t \phi(x))} \right] = 0$$



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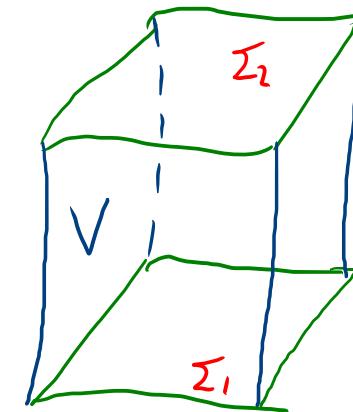
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$$= \int d^4x \left[ \frac{\partial L}{\partial \phi(x)} - \partial_t \left[ \frac{\partial L}{\partial (\partial_t \phi(x))} \right] \right] \delta \phi(x)$$

# Action Principle

$$\delta S = 0 \Rightarrow \frac{\partial L}{\partial \phi(x)} - \partial_t \left[ \frac{\partial L}{\partial (\partial_t \phi(x))} \right] = 0$$

classical eom!



$$\delta \phi|_{\Sigma_1} = \delta \phi|_{\Sigma_2} = 0$$

$$\frac{\partial L}{\partial (\partial_t \phi)} \delta \phi|_{\partial V} = 0$$

---

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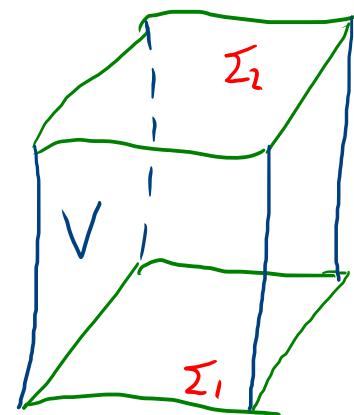
# Action Principle

In curved space:

$$L(\phi, \partial_\mu \phi) \rightarrow L(\phi, \nabla_\mu \phi)$$

$$S = \int d^4x L(\phi, \partial_\mu \phi) \rightarrow S = \int d^4x \sqrt{-g} L(\phi, \nabla_\mu \phi)$$

minimal coupling principle!



$$\delta\phi|_{\Sigma_1} = \delta\phi|_{\Sigma_2} = 0$$

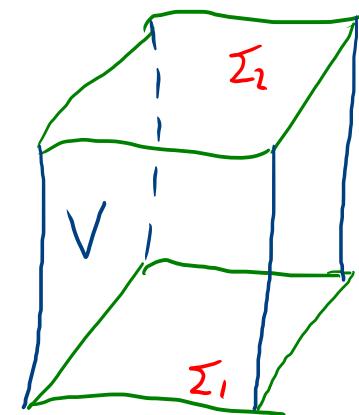
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$$\delta\phi|_{\Sigma_1} = \delta\phi|_{\Sigma_2} = 0$$

$$\frac{\partial L}{\partial (\partial_\mu \phi)} \delta\phi|_{\partial V} = 0$$

Partial integration: use Stokes' theorem!

$$\int_V d^4x \sqrt{-g} \nabla_\mu V^\mu = \int_{\partial V} d^3y \sqrt{f} n_\mu V^\mu$$

induced metric on  
 $\partial V$  by  $g_{\mu\nu}$

normal to the  
3-surface  $\partial V$

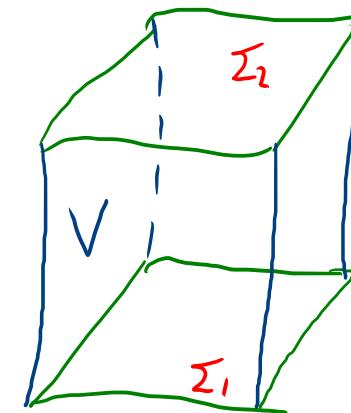
# Action Principle

Then:

$$\int_V d^4x \sqrt{-g} \nabla_\mu (A^\mu B) = \int_V d^4x \sqrt{-g} \nabla_\mu A^\mu B + \int_V d^4x \sqrt{-g} A^\mu \nabla_\mu B$$



... Leibniz rule ...



$$\delta\phi|_{\Sigma_1} = \delta\phi|_{\Sigma_2} = 0$$

$$\frac{\partial L}{\partial (\dot{r}_\mu \dot{\phi})} \delta\phi|_{\partial V} = 0$$

Partial integration: use Stokes' theorem!

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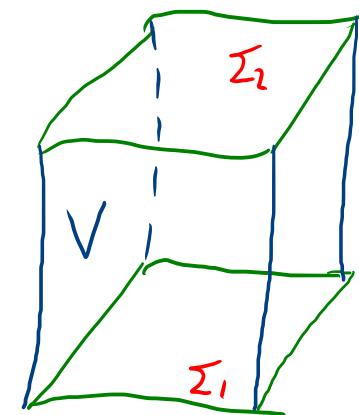
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$$\int_{\partial V} d^3y \sqrt{g} n_\mu A^\mu B \stackrel{\text{Stokes}}{=} \int_V d^4x \sqrt{-g} \nabla_\mu A^\mu B + \int_V d^4x \sqrt{-g} A^\mu \nabla_\mu B$$



$$\delta\phi|_{\Sigma_1} = \delta\phi|_{\Sigma_2} = 0$$

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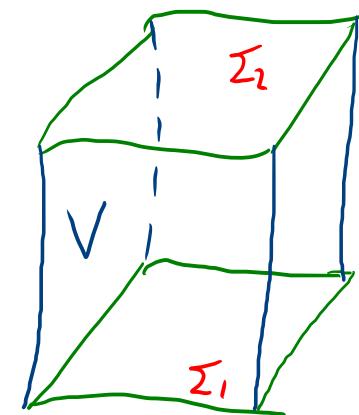
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Then:

$$\int_V d^4x \sqrt{-g} \nabla_\mu (A^\mu B) = \int_V d^4x \sqrt{-g} \nabla_\mu A^\mu B + \int_V d^4x \sqrt{-g} A^\mu \nabla_\mu B$$



$$\int_{\partial V} d^3y \sqrt{g} n_\mu A^\mu B = \int_V d^4x \sqrt{-g} \nabla_\mu A^\mu B + \int_V d^4x \sqrt{-g} A^\mu \nabla_\mu B$$

$$\delta \phi|_{\Sigma_1} = \delta \phi|_{\Sigma_2} = 0$$

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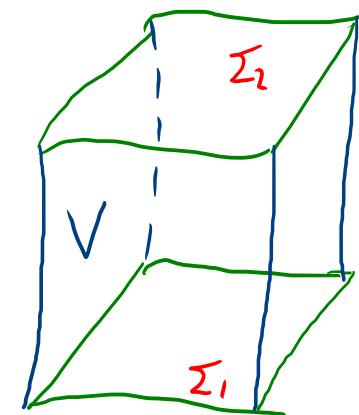
$$\Rightarrow \int_V d^4x \sqrt{-g} A^\mu \nabla_\mu B = - \int_V d^4x \sqrt{-g} \nabla_\mu A^\mu B + \int_{\partial V} d^3y \sqrt{g} n_\mu A^\mu B$$

# Action Principle

Then:

$$\int_V d^4x \sqrt{-g} \nabla_\mu (A^\mu B) = \int_V d^4x \sqrt{-g} \nabla_\mu A^\mu B + \int_V d^4x \sqrt{-g} A^\mu \nabla_\mu B$$

$$\int_{\partial V} d^3y \sqrt{F} n_\mu A^\mu B = \int_V d^4x \sqrt{-g} \nabla_\mu A^\mu B + \int_V d^4x \sqrt{-g} A^\mu \nabla_\mu B$$



$$\delta\phi|_{\Sigma_1} = \delta\phi|_{\Sigma_2} = 0$$

$$\frac{\partial L}{\partial (\nabla_\mu \phi)} \delta\phi|_{\partial V} = 0$$

$$\Rightarrow \int_V d^4x \sqrt{-g} A^\mu \nabla_\mu B = - \int_V d^4x \sqrt{-g} \nabla_\mu A^\mu B + \int_{\partial V} d^3y \sqrt{F} n_\mu A^\mu B$$

"passed over"  
ignoring  $\sqrt{-g}$   
(magic of  $\nabla_\mu$ !)  $\rightarrow$  Stokes ...

Boundary term:  
set to 0 or cancel otherwise  
(careful...)

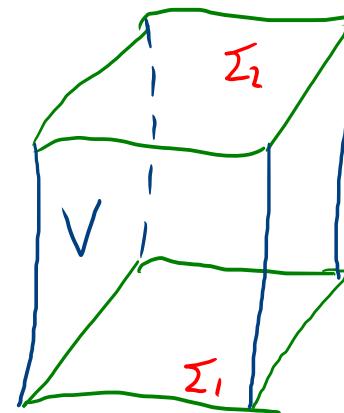
# Action Principle

Example: scalar field

$$S = \int \sqrt{-g} \left( -\frac{1}{2} \nabla_\mu \phi \nabla^\mu \phi - V(\phi) \right)$$



minimal coupling, no e.g.  $R e^\phi$  term



$$\delta \phi|_{\Sigma_1} = \delta \phi|_{\Sigma_2} = 0$$

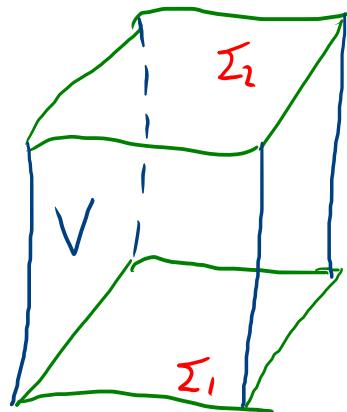
$$\frac{\partial L}{\partial (\nabla_\mu \phi)} \delta \phi|_{\partial V} = 0$$

# Action Principle

Example: scalar field

$$S = \int \sqrt{-g} \left( -\frac{1}{2} \nabla_\mu \phi \nabla^\mu \phi - V(\phi) \right)$$

$$S[\phi + \delta\phi] = \int \sqrt{-g} \left( -\frac{1}{2} \nabla_\mu (\phi + \delta\phi) \nabla^\mu (\phi + \delta\phi) - V(\phi + \delta\phi) \right)$$



$$\delta\phi|_{\Sigma_1} = \delta\phi|_{\Sigma_2} = 0$$

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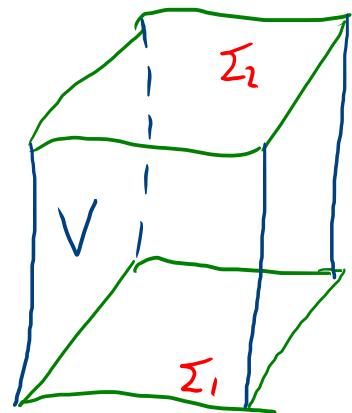
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Example: scalar field

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$$S[\phi + \delta\phi] = \int \sqrt{-g} \left( -\frac{1}{2} \nabla_\mu (\phi + \delta\phi) \nabla^\mu (\phi + \delta\phi) - V(\phi + \delta\phi) \right)$$

$$= \int \sqrt{-g} \left( -\frac{1}{2} \nabla_\mu \phi \nabla^\mu \phi - V(\phi) \right) + \int \sqrt{-g} \left( -\frac{1}{2} \nabla_\mu \delta\phi \nabla^\mu \phi - \frac{1}{2} \nabla_\mu \phi \nabla^\mu \delta\phi - \frac{\partial V}{\partial \phi} \delta\phi \right) + \dots$$



$$\delta\phi|_{\Sigma_1} = \delta\phi|_{\Sigma_2} = 0$$

$$\frac{\partial L}{\partial (\nabla_\mu \phi)} \delta\phi|_{\partial V} = 0$$

# Action Principle

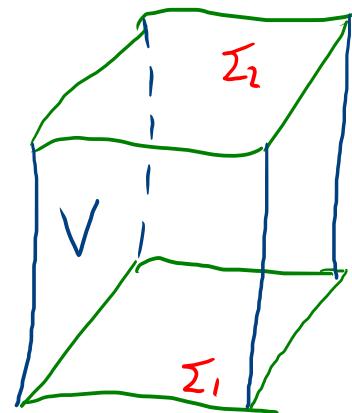
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$$= \int \sqrt{-g} \left( -\frac{1}{2} \nabla_\mu \phi \nabla^\mu \phi - V(\phi) \right) + \int \sqrt{-g} \left( -\frac{1}{2} \nabla_\mu \delta\phi \nabla^\mu \phi - \frac{1}{2} \nabla_\mu \phi \nabla^\mu \delta\phi - \frac{dV}{d\phi} \delta\phi \right) + \dots$$

$$= S[\phi] + \int \sqrt{-g} \left( -g^{\mu\nu} \nabla_\mu \phi \nabla_\nu \delta\phi - \frac{dV}{d\phi} \delta\phi \right) + \mathcal{O}(\delta\phi^2)$$



$$\delta\phi|_{\Sigma_1} = \delta\phi|_{\Sigma_2} = 0$$

$$\frac{\partial L}{\partial (\nabla_\mu \phi)} \delta\phi|_{\partial V} = 0$$

# Action Principle

Example: scalar field

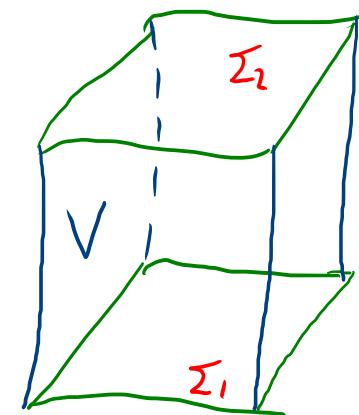
$$S = \int \sqrt{-g} \left( -\frac{1}{2} \nabla_\mu \phi \nabla^\mu \phi - V(\phi) \right)$$

$$S[\phi + \delta\phi] = \int \sqrt{-g} \left( -\frac{1}{2} \nabla_\mu (\phi + \delta\phi) \nabla^\mu (\phi + \delta\phi) - V(\phi + \delta\phi) \right)$$

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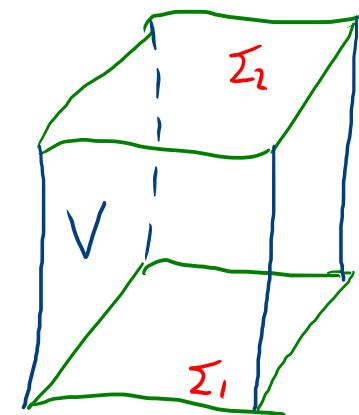
$$= S[\phi] + \int_V \sqrt{-g} \left( + \nabla_\nu (g^{\mu\nu} \nabla_\mu \phi) \delta\phi - \frac{dV}{d\phi} \delta\phi \right) + \int_{\partial V} n_\nu g^{\mu\nu} \nabla_\mu \phi \delta\phi$$



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---


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 S[\phi + \delta\phi] &= \int_V \bar{g} \left( -\frac{1}{2} \nabla_\mu (\phi + \delta\phi) \nabla^\mu (\phi + \delta\phi) - V(\phi + \delta\phi) \right) \\
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 &= S[\phi] + \int_V \bar{g} \left( -g^{\mu\nu} \nabla_\mu \phi \nabla_\nu \delta\phi - \frac{dV}{d\phi} \delta\phi \right) + \mathcal{O}(\delta\phi^2) \\
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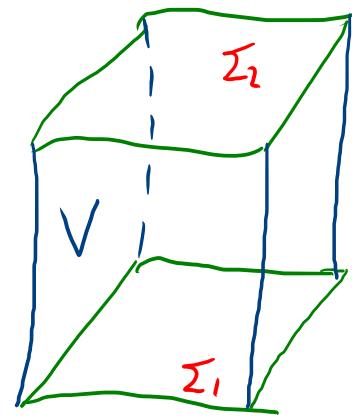
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Take:

$$\int_{\partial V} n^\mu \nabla_\mu \phi \delta \phi = 0$$

$$\left. \begin{array}{l} \delta \phi|_{\Sigma_1} = \delta \phi|_{\Sigma_2} = 0 \\ \phi \text{ has compact support} \\ (\phi = 0 \text{ at } \infty) \\ \text{or} \\ \phi, \delta \phi \rightarrow 0 \text{ at } \infty \\ \text{fast enough} \end{array} \right\}$$

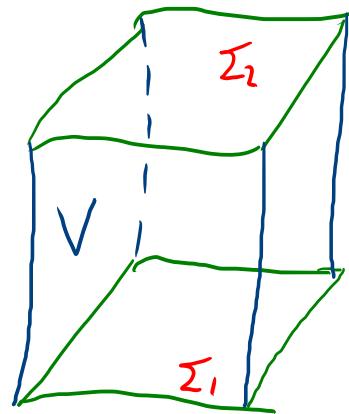


$$\delta \phi|_{\Sigma_1} = \delta \phi|_{\Sigma_2} = 0$$

$$\frac{\partial L}{\partial (\dot{\gamma} + \dot{\phi})} \delta \phi|_{\partial V} = 0$$

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$\underbrace{\qquad}_{\frac{\delta S}{\delta \phi(x)}}$



$$\delta S = 0 \quad \# \delta \phi \Rightarrow \nabla^2 \phi - \frac{dV}{d\phi} = 0$$

or

$$\square \phi - \frac{dV}{d\phi} = 0$$

$$\delta \phi|_{\Sigma_1} = \delta \phi|_{\Sigma_2} = 0$$

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# Gravity:

- Ingredients:
1.  $g_{\mu\nu}$  (degrees of freedom - not all independent)
  2. scalar Lagrangian (diffeomorphism invariance)
  3. at most  $\partial^2 g$
  4. cosmological constant
  5. matter degrees of freedom w/minimal coupling

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- δ. mix α, β, γ:  $S = S^{EH} + S^M + S^\Lambda$
- ε. enjoy!  $\delta S = 0$

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careful: includes variation of  $\sqrt{-g}$ !

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$$\delta(S^{EH} + S^\Lambda + S^M) = 0 \Rightarrow G_{\mu\nu} + \Lambda g_{\mu\nu} = 8\pi G T_{\mu\nu}$$

Compute metric variations:

$$g_{\mu\nu} \rightarrow g_{\mu\nu} + \delta g_{\mu\nu}$$

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{ almost like  
lowering  
indices}

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↳ . diagonalize  $g \rightarrow \Lambda g_D \Lambda^{-1}$

$$\cdot \text{ tr } g = \text{tr } \Lambda g_D \Lambda^{-1} = \text{tr } \Lambda^{-1} \Lambda g_D = \text{tr } g_D$$

$$= \sum g_r$$

$$g_D = \begin{pmatrix} g_1 & & & \\ & g_2 & & \\ & & g_3 & \\ & & & g_4 \end{pmatrix}$$

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$$= \frac{\Lambda}{16n\ell} \int \sqrt{-g} g_{\mu\nu} \delta g^{\mu\nu} \quad \text{as promised!}$$

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## Variation of $S^{EH}$

$$16\pi G S^{EH} = \int \sqrt{-g} R = \int \sqrt{-g} g^{\mu\nu} R_{\mu\nu} \Rightarrow$$

$$\begin{aligned} 16\pi G \delta S^{EH} &= \int \delta \sqrt{-g} g^{\mu\nu} R_{\mu\nu} + \int \sqrt{-g} \delta g^{\mu\nu} R_{\mu\nu} + \int \sqrt{-g} g^{\mu\nu} \delta R_{\mu\nu} \\ &= \int \sqrt{-g} \left( -\frac{1}{2} g_{\rho\sigma} \delta g^{\rho\sigma} \right) R + \int \sqrt{-g} R_{\mu\nu} \delta g^{\mu\nu} + \int \sqrt{-g} g^{\mu\nu} \delta R_{\mu\nu} \end{aligned}$$

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# Variation of $S^{EH}$

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$$\begin{aligned} 16\pi G \delta S^{EH} &= \int \delta \sqrt{-g} g^{\mu\nu} R_{\mu\nu} + \int \sqrt{-g} \delta g^{\mu\nu} R_{\mu\nu} + \int \sqrt{-g} g^{\mu\nu} \delta R_{\mu\nu} \\ &= \int \sqrt{-g} \left( -\frac{1}{2} g_{\rho\sigma} \delta g^{\rho\sigma} \right) R + \int \sqrt{-g} R_{\mu\nu} \delta g^{\mu\nu} + \int \sqrt{-g} g^{\mu\nu} \delta R_{\mu\nu} \\ &= \int \sqrt{-g} \left( R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R \right) \delta g^{\mu\nu} + \int \sqrt{-g} g^{\mu\nu} \delta R_{\mu\nu} \\ &= \int \sqrt{-g} G_{\mu\nu} \delta g^{\mu\nu} + \int \sqrt{-g} g^{\mu\nu} \delta R_{\mu\nu} \end{aligned}$$

$\hookrightarrow$  almost there... get rid of this!

Compute  $\delta R_{\mu\nu}$ :

$$R^{\rho}_{\mu\nu\sigma} = \partial_{\sigma} \Gamma^{\rho}_{\nu\mu} - \partial_{\nu} \Gamma^{\rho}_{\sigma\mu} + \Gamma^{\rho}_{\sigma\lambda} \Gamma^{\lambda}_{\nu\mu} - \Gamma^{\rho}_{\nu\lambda} \Gamma^{\lambda}_{\sigma\mu}$$

Compute  $\delta R_{\mu\nu}$ :

$$R^{\rho}_{\mu\sigma\nu} = \partial_{\sigma} \Gamma^{\rho}_{\nu\mu} - \partial_{\nu} \Gamma^{\rho}_{\sigma\mu} + \Gamma^{\rho}_{\sigma\lambda} \Gamma^{\lambda}_{\nu\mu} - \Gamma^{\rho}_{\nu\lambda} \Gamma^{\lambda}_{\sigma\mu}$$

$$R^{\rho}_{\mu\rho\nu} = \partial_{\rho} \Gamma^{\rho}_{\nu\mu} - \partial_{\nu} \Gamma^{\rho}_{\rho\mu} + \Gamma^{\rho}_{\rho\lambda} \Gamma^{\lambda}_{\nu\mu} - \Gamma^{\rho}_{\nu\lambda} \Gamma^{\lambda}_{\rho\mu}$$

Compute  $\delta R_{\mu\nu}$ :

$$R^{\rho}_{\mu\sigma\nu} = \partial_{\sigma}\Gamma^{\rho}_{\nu\mu} - \partial_{\nu}\Gamma^{\rho}_{\sigma\mu} + \Gamma^{\rho}_{\sigma\lambda}\Gamma^{\lambda}_{\nu\mu} - \Gamma^{\rho}_{\nu\lambda}\Gamma^{\lambda}_{\sigma\mu}$$

$$R_{\mu\nu} = \partial_{\rho}\Gamma^{\rho}_{\nu\mu} - \partial_{\nu}\Gamma^{\rho}_{\rho\mu} + \Gamma^{\rho}_{\rho\lambda}\Gamma^{\lambda}_{\nu\mu} - \Gamma^{\rho}_{\nu\lambda}\Gamma^{\lambda}_{\rho\mu}$$

For  $\delta R_{\mu\nu}$  we need  $\delta\Gamma^{\lambda}_{\nu\rho}$

Compute  $\delta \Gamma^\mu_{\nu\rho}$

Consider  $\Gamma_{\mu\nu\rho} = g_{\mu\lambda} \Gamma^\lambda_{\nu\rho} = \frac{1}{2} (\partial_\nu g_{\rho\mu} + \partial_\rho g_{\nu\mu} - \partial_\mu g_{\nu\rho})$

Compute  $\delta \Gamma^\mu_{\nu\rho}$

Consider  $\Gamma_{\mu\nu\rho} = g_{\mu\lambda} \Gamma^\lambda_{\nu\rho} = \frac{1}{2} (\partial_\nu g_{\rho\mu} + \partial_\rho g_{\nu\mu} - \partial_\mu g_{\nu\rho})$

$$\Rightarrow \delta \Gamma_{\mu\nu\rho} = \frac{1}{2} (\partial_\nu \delta g_{\rho\mu} + \partial_\rho \delta g_{\nu\mu} - \partial_\mu \delta g_{\nu\rho})$$

Compute  $\delta \Gamma^\mu_{\nu\rho}$

Consider  $\Gamma_{\mu\nu\rho} = g_{\mu\lambda} \Gamma^\lambda_{\nu\rho} = \frac{1}{2} (\partial_\nu g_{\rho\mu} + \partial_\rho g_{\nu\mu} - \partial_\mu g_{\nu\rho})$

$$\Rightarrow \delta \Gamma_{\mu\nu\rho} = \frac{1}{2} (\partial_\nu \delta g_{\rho\mu} + \partial_\rho \delta g_{\nu\mu} - \partial_\mu \delta g_{\nu\rho})$$

$$\Gamma^\lambda_{\nu\rho} = g^{\lambda\mu} \Gamma_{\mu\nu\rho} \Rightarrow \delta \Gamma^\lambda_{\nu\rho} = \delta g^{\lambda\mu} \Gamma_{\mu\nu\rho} + g^{\lambda\mu} \delta \Gamma_{\mu\nu\rho}$$

Compute  $\delta \Gamma^\mu_{\nu\rho}$

Consider  $\Gamma_{\mu\nu\rho} = g_{\mu\lambda} \Gamma^\lambda_{\nu\rho} = \frac{1}{2} (\partial_\nu g_{\rho\lambda} + \partial_\rho g_{\nu\lambda} - \partial_\lambda g_{\nu\rho})$

$$\Rightarrow \delta \Gamma_{\mu\nu\rho} = \frac{1}{2} (\partial_\nu \delta g_{\rho\mu} + \partial_\rho \delta g_{\nu\mu} - \partial_\mu \delta g_{\nu\rho})$$

$$\begin{aligned} \Gamma^\lambda_{\nu\rho} &= g^{\lambda\mu} \Gamma_{\mu\nu\rho} \Rightarrow \delta \Gamma^\lambda_{\nu\rho} = \underbrace{\delta g^{\lambda\mu} \Gamma_{\mu\nu\rho}}_{\text{green}} + g^{\lambda\mu} \delta \Gamma_{\mu\nu\rho} \\ &= -g^{\lambda\alpha} g^{\mu\rho} \delta g_{\alpha\beta} \Gamma_{\mu\nu\rho} + g^{\lambda\mu} \delta \Gamma_{\mu\nu\rho} \end{aligned}$$

Compute  $\delta \Gamma^\mu_{\nu\rho}$

Consider  $\Gamma_{\mu\nu\rho} = g_{\mu\lambda} \Gamma^\lambda_{\nu\rho} = \frac{1}{2} (\partial_\nu g_{\rho\lambda} + \partial_\rho g_{\nu\lambda} - \partial_\lambda g_{\nu\rho})$

$$\Rightarrow \delta \Gamma_{\mu\nu\rho} = \frac{1}{2} (\partial_\nu \delta g_{\rho\mu} + \partial_\rho \delta g_{\nu\mu} - \partial_\mu \delta g_{\nu\rho})$$

$$\Gamma^\lambda_{\nu\rho} = g^{\lambda\mu} \Gamma_{\mu\nu\rho} \Rightarrow \delta \Gamma^\lambda_{\nu\rho} = \delta g^{\lambda\mu} \Gamma_{\mu\nu\rho} + g^{\lambda\mu} \delta \Gamma_{\mu\nu\rho}$$

$$= -g^{\lambda\alpha} g^{\mu\rho} \delta g_{\alpha\beta} \Gamma_{\mu\nu\rho} + g^{\lambda\mu} \delta \Gamma_{\mu\nu\rho}$$

$$= -g^{\lambda\alpha} \delta g_{\alpha\beta} \Gamma^\beta_{\nu\rho} + g^{\lambda\mu} \frac{1}{2} (\partial_\nu \delta g_{\rho\mu} + \partial_\rho \delta g_{\nu\mu} - \partial_\mu \delta g_{\nu\rho})$$

Compute  $\delta \Gamma^\mu_{\nu\rho}$

Consider  $\Gamma_{\mu\nu\rho} = g_{\mu\lambda} \Gamma^\lambda_{\nu\rho} = \frac{1}{2} (\partial_\nu g_{\rho\lambda} + \partial_\rho g_{\nu\lambda} - \partial_\lambda g_{\nu\rho})$

$$\Rightarrow \delta \Gamma_{\mu\nu\rho} = \frac{1}{2} (\partial_\nu \delta g_{\rho\mu} + \partial_\rho \delta g_{\nu\mu} - \partial_\mu \delta g_{\nu\rho})$$

$$\Gamma^\lambda_{\nu\rho} = g^{\lambda\mu} \Gamma_{\mu\nu\rho} \Rightarrow \delta \Gamma^\lambda_{\nu\rho} = \delta g^{\lambda\mu} \Gamma_{\mu\nu\rho} + g^{\lambda\mu} \delta \Gamma_{\mu\nu\rho}$$

$$= -g^{\lambda\alpha} g^{\mu\rho} \delta g_{\alpha\beta} \Gamma_{\mu\nu\rho} + g^{\lambda\mu} \delta \Gamma_{\mu\nu\rho}$$

$$= -g^{\lambda\alpha} \delta g_{\alpha\beta} \Gamma^\beta_{\nu\rho} + g^{\lambda\mu} \frac{1}{2} (\partial_\nu \delta g_{\rho\mu} + \partial_\rho \delta g_{\nu\mu} - \partial_\mu \delta g_{\nu\rho})$$

$$= \frac{1}{2} g^{\lambda\mu} [\partial_\nu \delta g_{\rho\mu} + \partial_\rho \delta g_{\nu\mu} - \partial_\mu \delta g_{\nu\rho} - 2 \Gamma^\sigma_{\nu\rho} \delta g_{\mu\sigma}]$$

$$= \frac{1}{2} g^{\lambda\mu} \left[ \left( \partial_\nu \delta g_{\rho\mu} - \underbrace{\Gamma^\sigma_{\nu\rho} \delta g_{\sigma\mu}}_{\text{green}} - \underbrace{\Gamma^\sigma_{\nu\mu} \delta g_{\sigma\rho}}_{\text{red}} \right) \right. \\ + \left( \partial_\rho \delta g_{\nu\mu} - \underbrace{\Gamma^\sigma_{\rho\nu} \delta g_{\sigma\mu}}_{\text{green}} - \underbrace{\Gamma^\sigma_{\rho\mu} \delta g_{\sigma\nu}}_{\text{yellow}} \right) \\ \left. - \left( \partial_\mu \delta g_{\nu\rho} - \underbrace{\Gamma^\sigma_{\mu\nu} \delta g_{\sigma\rho}}_{\text{red}} - \underbrace{\Gamma^\sigma_{\mu\rho} \delta g_{\sigma\nu}}_{\text{yellow}} \right) \right]$$

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$$\delta \Gamma^\lambda_{\nu\rho} = \frac{1}{2} g^{\lambda\mu} \left[ \partial_\nu \delta g_{\rho\mu} + \partial_\rho \delta g_{\nu\mu} - \partial_\mu \delta g_{\nu\rho} - \boxed{2 \Gamma^\sigma_{\nu\rho} \delta g_{\sigma\mu}} \right]$$

$$\begin{aligned}
&= \frac{1}{2} g^{\sigma\tau} \left[ \left( \partial_\nu \delta g_{\rho\mu} - \underbrace{\Gamma^\sigma_{\nu\rho} \delta g_{\sigma\mu}}_{\text{green}} - \underbrace{\Gamma^\sigma_{\nu\tau} \delta g_{\rho\sigma}}_{\text{red}} \right) \right. \\
&\quad + \left( \partial_\rho \delta g_{\nu\tau} - \underbrace{\Gamma^\sigma_{\rho\nu} \delta g_{\sigma\tau}}_{\text{green}} - \underbrace{\Gamma^\sigma_{\rho\mu} \delta g_{\nu\sigma}}_{\text{yellow}} \right) \\
&\quad \left. - \left( \partial_\tau \delta g_{\nu\rho} - \underbrace{\Gamma^\sigma_{\mu\nu} \delta g_{\sigma\rho}}_{\text{red}} - \underbrace{\Gamma^\sigma_{\tau\rho} \delta g_{\nu\sigma}}_{\text{yellow}} \right) \right]
\end{aligned}$$

$$= \frac{1}{2} g^{\sigma\tau} \left[ \nabla_\nu \delta g_{\rho\mu} + \nabla_\rho \delta g_{\nu\tau} - \nabla_\tau \delta g_{\nu\rho} \right]$$

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$$\delta \Gamma^\lambda_{\nu\rho} = \frac{1}{2} g^{\lambda\tau} \left[ \partial_\nu \delta g_{\rho\tau} + \partial_\rho \delta g_{\nu\tau} - \partial_\tau \delta g_{\nu\rho} - 2 \Gamma^\sigma_{\nu\rho} \delta g_{\sigma\tau} \right]$$

$$= \frac{1}{2} g^{\sigma\tau} \left[ (\partial_\nu \delta g_{\rho\mu} - \underbrace{\Gamma^\sigma_{\nu\rho} \delta g_{\sigma\mu}}_{\text{green}} - \underbrace{\Gamma^\sigma_{\nu\mu} \delta g_{\rho\sigma}}_{\text{red}}) + (\partial_\rho \delta g_{\nu\tau} - \underbrace{\Gamma^\sigma_{\rho\nu} \delta g_{\sigma\tau}}_{\text{green}} - \underbrace{\Gamma^\sigma_{\rho\tau} \delta g_{\nu\sigma}}_{\text{yellow}}) - (\partial_\mu \delta g_{\nu\tau} - \underbrace{\Gamma^\sigma_{\mu\nu} \delta g_{\sigma\tau}}_{\text{red}} - \underbrace{\Gamma^\sigma_{\mu\tau} \delta g_{\nu\sigma}}_{\text{yellow}}) \right]$$

$$= \frac{1}{2} g^{\sigma\tau} \left[ \nabla_\nu \delta g_{\rho\mu} + \nabla_\rho \delta g_{\nu\tau} - \nabla_\mu \delta g_{\nu\tau} \right]$$

$\Rightarrow \delta \Gamma^\sigma_{\nu\rho}$  is a tensor!

$$= \frac{1}{2} g^{\lambda\mu} \left[ \left( \partial_\nu \delta g_{\rho\mu} - \underbrace{\Gamma^\sigma_{\nu\rho} \delta g_{\sigma\mu}}_{\text{green}} - \underbrace{\Gamma^\sigma_{\nu\mu} \delta g_{\rho\sigma}}_{\text{red}} \right) \right. \\ + \left( \partial_\rho \delta g_{\nu\mu} - \underbrace{\Gamma^\sigma_{\rho\nu} \delta g_{\sigma\mu}}_{\text{green}} - \underbrace{\Gamma^\sigma_{\rho\mu} \delta g_{\nu\sigma}}_{\text{yellow}} \right) \\ \left. - \left( \partial_\mu \delta g_{\nu\rho} - \underbrace{\Gamma^\sigma_{\mu\nu} \delta g_{\sigma\rho}}_{\text{red}} - \underbrace{\Gamma^\sigma_{\mu\rho} \delta g_{\nu\sigma}}_{\text{yellow}} \right) \right]$$

$$= \frac{1}{2} g^{\lambda\mu} \left[ \nabla_\nu \delta g_{\rho\mu} + \nabla_\rho \delta g_{\nu\mu} - \nabla_\mu \delta g_{\nu\rho} \right]$$

$\Rightarrow \delta \Gamma^\lambda_{\nu\rho}$  is a tensor!

$$\Rightarrow \nabla_\mu \delta \Gamma^\lambda_{\nu\rho} = \partial_\mu \delta \Gamma^\lambda_{\nu\rho} + \Gamma^\lambda_{\mu\sigma} \delta \Gamma^\sigma_{\nu\rho} - \Gamma^\sigma_{\mu\nu} \delta \Gamma^\lambda_{\sigma\rho} - \Gamma^\sigma_{\mu\rho} \delta \Gamma^\lambda_{\nu\sigma}$$

$$R_{\mu\nu} = \partial_\rho \Gamma^\rho_{\nu\tau} - \partial_\nu \Gamma^\rho_{\rho\tau} + \Gamma^\rho_{\rho\lambda} \Gamma^\lambda_{\nu\tau} - \Gamma^\rho_{\nu\lambda} \Gamma^\lambda_{\rho\tau}$$

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$$\Rightarrow \nabla_\mu S \Gamma^\lambda_{\nu\rho} = \partial_\mu S \Gamma^\lambda_{\nu\rho} + \Gamma^\lambda_{\mu\sigma} S \Gamma^\sigma_{\nu\rho} - \Gamma^\sigma_{\mu\nu} S \Gamma^\lambda_{\sigma\rho} - \Gamma^\sigma_{\mu\rho} S \Gamma^\lambda_{\nu\sigma}$$

$$R_{\mu\nu} = \partial_\rho \Gamma^\rho_{\nu\mu} - \partial_\nu \Gamma^\rho_{\rho\mu} + \Gamma^\rho_{\rho\lambda} \Gamma^\lambda_{\nu\mu} - \Gamma^\rho_{\nu\lambda} \Gamma^\lambda_{\rho\mu}$$

$$\begin{aligned}\delta R_{\mu\nu} &= \partial_\rho \delta \Gamma^\rho_{\nu\mu} - \partial_\nu \delta \Gamma^\rho_{\rho\mu} \\ &\quad + \delta \Gamma^\rho_{\rho\lambda} \Gamma^\lambda_{\nu\mu} + \Gamma^\rho_{\rho\lambda} \delta \Gamma^\lambda_{\nu\mu} \\ &\quad - \delta \Gamma^\rho_{\nu\lambda} \Gamma^\lambda_{\rho\mu} - \Gamma^\rho_{\nu\lambda} \delta \Gamma^\lambda_{\rho\mu}\end{aligned}$$

$$\Rightarrow \nabla_\mu \delta \Gamma^\lambda_{\nu\rho} = \partial_\mu \delta \Gamma^\lambda_{\nu\rho} + \Gamma^\lambda_{\mu\sigma} \delta \Gamma^\sigma_{\nu\rho} - \Gamma^\sigma_{\mu\nu} \delta \Gamma^\lambda_{\sigma\rho} - \Gamma^\sigma_{\mu\rho} \delta \Gamma^\lambda_{\nu\sigma}$$

$$R_{\mu\nu} = \partial_\rho \Gamma_{\nu\rho}^\rho - \partial_\nu \Gamma_{\rho\nu}^\rho + \Gamma_{\rho\lambda}^\rho \Gamma_{\nu\rho}^\lambda - \Gamma_{\nu\lambda}^\rho \Gamma_{\rho\nu}^\lambda$$

$$\begin{aligned}\delta R_{\mu\nu} &= \partial_\rho \delta \Gamma_{\nu\rho}^\rho - \partial_\nu \delta \Gamma_{\rho\nu}^\rho \\ &\quad + \delta \Gamma_{\rho\lambda}^\rho \Gamma_{\nu\rho}^\lambda + \Gamma_{\rho\lambda}^\rho \delta \Gamma_{\nu\rho}^\lambda \\ &\quad - \delta \Gamma_{\nu\lambda}^\rho \Gamma_{\rho\nu}^\lambda - \Gamma_{\nu\lambda}^\rho \delta \Gamma_{\rho\nu}^\lambda \\ &\quad - \Gamma_{\rho\nu}^\lambda \delta \Gamma_{\lambda\rho}^\rho + \Gamma_{\nu\rho}^\lambda \delta \Gamma_{\lambda\rho}^\rho\end{aligned}$$



add + subtract the same term

$$\Rightarrow \nabla_\mu \delta \Gamma_{\nu\rho}^\lambda = \partial_\mu \delta \Gamma_{\nu\rho}^\lambda + \Gamma_{\mu\sigma}^\lambda \delta \Gamma_{\nu\rho}^\sigma - \Gamma_{\mu\nu}^\sigma \delta \Gamma_{\sigma\rho}^\lambda - \Gamma_{\mu\rho}^\sigma \delta \Gamma_{\nu\sigma}^\lambda$$

$$R_{\mu\nu} = \partial_\rho \Gamma_{\nu\rho}^\rho - \partial_\nu \Gamma_{\rho\mu}^\rho + \Gamma_{\rho\lambda}^\rho \Gamma_{\nu\rho}^\lambda - \Gamma_{\nu\lambda}^\rho \Gamma_{\rho\mu}^\lambda$$

$$\begin{aligned}\delta R_{\mu\nu} &= \cancel{\partial_\rho \delta \Gamma_{\nu\rho}^\rho} - \cancel{\partial_\nu \delta \Gamma_{\rho\mu}^\rho} \\ &+ \delta \Gamma_{\rho\lambda}^\rho \Gamma_{\nu\rho}^\lambda + \cancel{\Gamma_{\rho\lambda}^\rho \delta \Gamma_{\nu\rho}^\lambda} \\ &- \cancel{\delta \Gamma_{\nu\lambda}^\rho \Gamma_{\rho\mu}^\lambda} - \Gamma_{\nu\lambda}^\rho \delta \Gamma_{\rho\mu}^\lambda \\ &- \cancel{\Gamma_{\rho\nu}^\lambda \delta \Gamma_{\lambda\mu}^\rho} + \Gamma_{\nu\rho}^\lambda \delta \Gamma_{\lambda\mu}^\rho\end{aligned}$$

$$\Rightarrow \nabla_\mu \delta \Gamma_{\nu\rho}^\lambda = \partial_\mu \delta \Gamma_{\nu\rho}^\lambda + \Gamma_{\mu\sigma}^\lambda \delta \Gamma_{\nu\rho}^\sigma - \Gamma_{\mu\nu}^\sigma \delta \Gamma_{\sigma\rho}^\lambda - \Gamma_{\mu\rho}^\sigma \delta \Gamma_{\nu\sigma}^\lambda$$

$$R_{\mu\nu} = \partial_\rho \Gamma^\rho_{\nu\mu} - \partial_\nu \Gamma^\rho_{\rho\mu} + \Gamma^\rho_{\rho\lambda} \Gamma^\lambda_{\nu\mu} - \Gamma^\rho_{\nu\lambda} \Gamma^\lambda_{\rho\mu}$$

$$\begin{aligned}\delta R_{\mu\nu} &= \cancel{\partial_\rho \delta \Gamma^\rho_{\nu\mu}} - \cancel{\partial_\nu \delta \Gamma^\rho_{\rho\mu}} \\ &+ \delta \Gamma^\rho_{\rho\lambda} \Gamma^\lambda_{\nu\mu} + \cancel{\Gamma^\rho_{\rho\lambda} \delta \Gamma^\lambda_{\nu\mu}} \\ &- \cancel{\delta \Gamma^\rho_{\nu\lambda} \Gamma^\lambda_{\rho\mu}} - \Gamma^\rho_{\nu\lambda} \delta \Gamma^\lambda_{\rho\mu} \\ &- \cancel{\Gamma^\lambda_{\rho\nu} \delta \Gamma^\rho_{\lambda\mu}} + \Gamma^\lambda_{\nu\rho} \delta \Gamma^\rho_{\lambda\mu} \\ &= \nabla_\rho \delta \Gamma^\rho_{\nu\mu}\end{aligned}$$

$$\Rightarrow \nabla_\mu \delta \Gamma^\lambda_{\nu\rho} = \partial_\mu \delta \Gamma^\lambda_{\nu\rho} + \Gamma^\lambda_{\mu\sigma} \delta \Gamma^\sigma_{\nu\rho} - \Gamma^\sigma_{\mu\nu} \delta \Gamma^\lambda_{\sigma\rho} - \Gamma^\sigma_{\mu\rho} \delta \Gamma^\lambda_{\nu\sigma}$$

$$R_{\mu\nu} = \partial_\rho \Gamma_{\nu\rho}^\rho - \partial_\nu \Gamma_{\rho\mu}^\rho + \Gamma_{\rho\lambda}^\rho \Gamma_{\nu\rho}^\lambda - \Gamma_{\nu\lambda}^\rho \Gamma_{\rho\mu}^\lambda$$

$$\begin{aligned}\delta R_{\mu\nu} &= \cancel{\partial_\rho \delta \Gamma_{\nu\rho}^\rho} - \cancel{\partial_\nu \delta \Gamma_{\rho\mu}^\rho} \\ &+ \cancel{\delta \Gamma_{\rho\lambda}^\rho \Gamma_{\nu\rho}^\lambda} + \cancel{\Gamma_{\rho\lambda}^\rho \delta \Gamma_{\nu\rho}^\lambda} \\ &- \cancel{\delta \Gamma_{\nu\lambda}^\rho \Gamma_{\rho\mu}^\lambda} - \cancel{\Gamma_{\nu\lambda}^\rho \delta \Gamma_{\rho\mu}^\lambda} \\ &- \cancel{\Gamma_{\rho\nu}^\lambda \delta \Gamma_{\lambda\mu}^\rho} + \cancel{\Gamma_{\nu\rho}^\lambda \delta \Gamma_{\lambda\mu}^\rho} \\ &= \nabla_\rho \delta \Gamma_{\nu\rho}^\rho - \nabla_\nu \delta \Gamma_{\rho\mu}^\rho\end{aligned}$$

$$\Rightarrow \nabla_\mu \delta \Gamma_{\nu\rho}^\lambda = \partial_\mu \delta \Gamma_{\nu\rho}^\lambda + \Gamma_{\mu\sigma}^\lambda \delta \Gamma_{\nu\rho}^\sigma - \Gamma_{\mu\nu}^\sigma \delta \Gamma_{\sigma\rho}^\lambda - \Gamma_{\mu\rho}^\sigma \delta \Gamma_{\nu\sigma}^\lambda$$

$$R_{\mu\nu} = \partial_\rho \Gamma^\rho_{\nu\tau} - \partial_\nu \Gamma^\rho_{\rho\tau} + \Gamma^\rho_{\rho\lambda} \Gamma^\lambda_{\nu\tau} - \Gamma^\rho_{\nu\lambda} \Gamma^\lambda_{\rho\tau}$$

$$\begin{aligned}\delta R_{\mu\nu} &= \cancel{\partial_\rho \delta \Gamma^\rho_{\nu\tau}} - \cancel{\partial_\nu \delta \Gamma^\rho_{\rho\tau}} \\ &\quad + \cancel{\delta \Gamma^\rho_{\rho\lambda} \Gamma^\lambda_{\nu\tau}} + \cancel{\Gamma^\rho_{\rho\lambda} \delta \Gamma^\lambda_{\nu\tau}} \\ &\quad - \cancel{\delta \Gamma^\rho_{\nu\lambda} \Gamma^\lambda_{\rho\tau}} - \cancel{\Gamma^\rho_{\nu\lambda} \delta \Gamma^\lambda_{\rho\tau}} \\ &\quad - \cancel{\Gamma^\lambda_{\rho\nu} \delta \Gamma^\rho_{\lambda\tau}} + \cancel{\Gamma^\lambda_{\nu\rho} \delta \Gamma^\rho_{\lambda\tau}} \\ &= \nabla_\rho \delta \Gamma^\rho_{\nu\tau} - \nabla_\nu \delta \Gamma^\rho_{\rho\tau}\end{aligned}$$

$$\Rightarrow g^{\mu\nu} \delta R_{\mu\nu} = g^{\mu\nu} \nabla_\rho \delta \Gamma^\rho_{\nu\tau} - g^{\mu\nu} \nabla_\nu \delta \Gamma^\rho_{\rho\tau}$$

$$R_{\mu\nu} = \partial_\rho \Gamma^\rho_{\nu\tau} - \partial_\nu \Gamma^\rho_{\rho\tau} + \Gamma^\rho_{\rho\lambda} \Gamma^\lambda_{\nu\tau} - \Gamma^\rho_{\nu\lambda} \Gamma^\lambda_{\rho\tau}$$

$$\begin{aligned}\delta R_{\mu\nu} &= \cancel{\partial_\rho \delta \Gamma^\rho_{\nu\tau}} - \cancel{\partial_\nu \delta \Gamma^\rho_{\rho\tau}} \\ &\quad + \cancel{\delta \Gamma^\rho_{\rho\lambda} \Gamma^\lambda_{\nu\tau}} + \cancel{\Gamma^\rho_{\rho\lambda} \delta \Gamma^\lambda_{\nu\tau}} \\ &\quad - \cancel{\delta \Gamma^\rho_{\nu\lambda} \Gamma^\lambda_{\rho\tau}} - \cancel{\Gamma^\rho_{\nu\lambda} \delta \Gamma^\lambda_{\rho\tau}} \\ &\quad - \cancel{\Gamma^\lambda_{\rho\nu} \delta \Gamma^\rho_{\lambda\tau}} + \cancel{\Gamma^\lambda_{\nu\rho} \delta \Gamma^\rho_{\lambda\tau}} \\ &= \nabla_\rho \delta \Gamma^\rho_{\nu\tau} - \nabla_\nu \delta \Gamma^\rho_{\rho\tau}\end{aligned}$$

$$\begin{aligned}\Rightarrow g^{\mu\nu} \delta R_{\mu\nu} &= g^{\mu\nu} \nabla_\rho \delta \Gamma^\rho_{\nu\tau} - g^{\mu\nu} \nabla_\nu \delta \Gamma^\rho_{\rho\tau} \\ &= \nabla_\rho [g^{\mu\nu} \delta \Gamma^\rho_{\nu\tau}] - \nabla_\nu [g^{\mu\nu} \delta \Gamma^\rho_{\rho\tau}]\end{aligned}$$

$$R_{\mu\nu} = \partial_\rho \Gamma^\rho_{\nu\mu} - \partial_\nu \Gamma^\rho_{\rho\mu} + \Gamma^\rho_{\rho\lambda} \Gamma^\lambda_{\nu\mu} - \Gamma^\rho_{\nu\lambda} \Gamma^\lambda_{\rho\mu}$$

$$\begin{aligned}\delta R_{\mu\nu} &= \cancel{\partial_\rho \delta \Gamma^\rho_{\nu\mu}} - \cancel{\partial_\nu \delta \Gamma^\rho_{\rho\mu}} \\ &\quad + \cancel{\delta \Gamma^\rho_{\rho\lambda} \Gamma^\lambda_{\nu\mu}} + \cancel{\Gamma^\rho_{\rho\lambda} \delta \Gamma^\lambda_{\nu\mu}} \\ &\quad - \cancel{\delta \Gamma^\rho_{\nu\lambda} \Gamma^\lambda_{\rho\mu}} - \cancel{\Gamma^\rho_{\nu\lambda} \delta \Gamma^\lambda_{\rho\mu}} \\ &\quad - \cancel{\Gamma^\lambda_{\rho\nu} \delta \Gamma^\rho_{\lambda\mu}} + \cancel{\Gamma^\lambda_{\nu\rho} \delta \Gamma^\rho_{\lambda\mu}} \\ &= \nabla_\rho \delta \Gamma^\rho_{\nu\mu} - \nabla_\nu \delta \Gamma^\rho_{\rho\mu}\end{aligned}$$

$$\begin{aligned}\Rightarrow g^{\mu\nu} \delta R_{\mu\nu} &= g^{\mu\nu} \nabla_\rho \delta \Gamma^\rho_{\nu\mu} - g^{\mu\nu} \nabla_\nu \delta \Gamma^\rho_{\rho\mu} \\ &= \nabla_\rho [g^{\mu\nu} \delta \Gamma^\rho_{\nu\mu}] - \nabla_\nu [g^{\mu\nu} \delta \Gamma^\rho_{\rho\mu}] \\ &= \nabla_\rho [g^{\mu\nu} \delta \Gamma^\rho_{\nu\mu}] - g^{\mu\rho} \delta \Gamma^\nu_{\nu\mu}\end{aligned}$$

almost there...

$$\int_V \sqrt{-g} g^{\mu\nu} \delta R_{\mu\nu} = \int_V \sqrt{-g} \nabla_\rho [g^{\mu\nu} \delta \Gamma^\rho_{\nu\tau} - g^{\mu\rho} \delta \Gamma^\nu_{\nu\tau}]$$

$$= \int_{\partial V} \sqrt{g} n_\rho [g^{\mu\nu} \delta \Gamma^\rho_{\nu\tau} - g^{\mu\rho} \delta \Gamma^\nu_{\nu\tau}]$$

$$\begin{aligned}
 \Rightarrow g^{\mu\nu} \delta R_{\mu\nu} &= g^{\mu\nu} \nabla_\rho \delta \Gamma^\rho_{\nu\tau} - g^{\mu\nu} \nabla_\nu \delta \Gamma^\rho_{\rho\tau} \\
 &= \nabla_\rho [g^{\mu\nu} \delta \Gamma^\rho_{\nu\tau}] - \nabla_\nu [g^{\mu\nu} \delta \Gamma^\rho_{\rho\tau}] \\
 &= \nabla_\rho [g^{\mu\nu} \delta \Gamma^\rho_{\nu\tau} - g^{\mu\rho} \delta \Gamma^\nu_{\nu\tau}]
 \end{aligned}
 \quad \text{almost there...}$$

$$\int_V \sqrt{-g} g^{\mu\nu} \delta R_{\mu\nu} = \int_V \sqrt{-g} \nabla_\rho [g^{\mu\nu} \delta \Gamma^\rho_{\nu\tau} - g^{\mu\rho} \delta \Gamma^\nu_{\nu\tau}]$$

$$= \int_{\partial V} \sqrt{g} n_\rho [g^{\mu\nu} \delta \Gamma^\rho_{\nu\tau} - g^{\mu\rho} \delta \Gamma^\nu_{\nu\tau}]$$

oops! ... not zero!

(cant have  $\delta g|_{\partial V} = 0$  and  $\delta \Gamma|_{\partial V} = 0$  at the same time)

$$\Rightarrow g^{\mu\nu} \delta R_{\mu\nu} = g^{\mu\nu} \nabla_\rho \delta \Gamma^\rho_{\nu\tau} - g^{\mu\nu} \nabla_\nu \delta \Gamma^\rho_{\rho\tau}$$

$$= \nabla_\rho [g^{\mu\nu} \delta \Gamma^\rho_{\nu\tau}] - \nabla_\nu [g^{\mu\nu} \delta \Gamma^\rho_{\rho\tau}]$$

$$= \nabla_\rho [g^{\mu\nu} \delta \Gamma^\rho_{\nu\tau} - g^{\mu\rho} \delta \Gamma^\nu_{\nu\tau}] \quad \text{almost there...}$$

$$\int_V \sqrt{-g} g^{\mu\nu} \delta R_{\mu\nu} = \int_V \sqrt{-g} \nabla_\rho [g^{\mu\nu} \delta \Gamma^\rho_{\nu\mu} - g^{\mu\rho} \delta \Gamma^\nu_{\nu\mu}]$$

$$= \int_{\partial V} \sqrt{g} n_\rho [g^{\mu\nu} \delta \Gamma^\rho_{\nu\mu} - g^{\mu\rho} \delta \Gamma^\nu_{\nu\mu}]$$

oops! ... not zero!

(can't have  $\delta g|_{\partial V} = 0$  and  $\delta \Gamma|_{\partial V} = 0$  at the same time)

Can get rid of this term by adding a boundary term:

$$S \propto \frac{1}{2} \int_{\partial V} \sqrt{g} K , \quad K = g_{ij} K^{ij} \quad K^{ij} \text{ the extrinsic curvature!}$$

$$\int_V \sqrt{-g} g^{\mu\nu} \delta R_{\mu\nu} = \int_V \sqrt{-g} \nabla_\rho [g^{\mu\nu} \delta \Gamma^\rho_{\nu\tau} - g^{\mu\rho} \delta \Gamma^\nu_{\nu\tau}]$$

$$= \int_{\partial V} \sqrt{g} n_\rho [g^{\mu\nu} \delta \Gamma^\rho_{\nu\mu} - g^{\mu\rho} \delta \Gamma^\nu_{\nu\mu}]$$

Then  $S = S^E + S^A + S^M + S^K$ ,

and  $\delta S^K$  cancels the  $\int_{\partial V} \sqrt{g} n_\rho [g^{\tau\nu} \delta \Gamma^\rho_{\nu\mu} - g^{\mu\rho} \delta \Gamma^\nu_{\nu\mu}]$  term

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Can get rid of this term by adding a boundary term:

$$S^K \propto \frac{1}{2} \int_{\partial V} \sqrt{g} K, \quad K = g_{ij} K^{ij} \quad K^{ij} \text{ the extrinsic curvature!}$$