# The QCD phase diagram from the lattice 

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## Motivation

# What happens to matter when it is heated and/or compressed? 

Water changes its state when heated or compressed

critical opalescence

## QCD under extreme conditions

Confinement: quarks are bound in color-neutral hadrons: $q q q$ baryons \& $q \bar{q}$ mesons
Compress or heat baryons: hadrons overlap $\rightarrow$ confinement "lost"
$\Rightarrow$ expect interesting/unusual behaviour

thermal excitation of mesons (pions)

increased baryon density

pressure, chemical potential $\mu$

The wonderland phase diagram of QCD from Wikipedia


Caveat: everything in red is a conjecture



## Finite $\mu$ : what is known? really



Minimal, possible phase diagram

## Heavy-ion collisions



Knobs to turn:

- atomic number of ions
- collision energy $\sqrt{s}$

So far, no sign of QCD critical point (esp. RHIC beam energy scan)
"critical opalescence" ?
non-Gaussian fluctuations (Stephanov)

## Finite $\mu$ : what is known?

## Lattice: <br> Sign problem as soon as $\mu \neq 0$



Minimal, possible phase diagram

## Lattice QCD: Euclidean path integral

$$
\text { space }+ \text { imag. time } \rightarrow 4 d \text { hypercubic grid: }
$$

$$
Z=\int \mathcal{D} \cup \mathcal{D} \bar{\psi} \mathcal{D} \psi e^{-S_{E}[\{U, \bar{\psi}, \psi\}]}
$$

- Discretized action $S_{E}$ :
- Ninh $\longrightarrow \bar{\psi}(x) U_{\mu}(x) \psi(x+\hat{\mu})+$ h.c.,

Dirac operator
$\bar{\psi} \not D \psi$
$\longrightarrow \beta \operatorname{Re} \operatorname{Tr} U_{P}, U_{P}$ plaquette matrix $\square$ Yang-Mills action

$$
a \rightarrow 0 \Leftrightarrow \beta=\frac{6}{g_{0}^{2}} \rightarrow \infty \quad \quad \quad \frac{1}{4} F_{\mu \nu} F_{\mu \nu}
$$

- Monte Carlo: with Grassmann variables $\psi(x) \psi(y)=-\psi(y) \psi(x)$ ?? Integrate out analytically (Gaussian) $\rightarrow$ determinant non-local
$\operatorname{Prob}(\operatorname{config}\{U\}) \propto \operatorname{det}^{2} \not D(\{U\}) e^{+\beta \sum_{p} \operatorname{ReTr} U_{p}}$ real non-negative when $\mu=0$


## Why are we stuck at $\mu=0$ ? The "sign problem"

- quarks anti-commute $\rightarrow$ integrate analytically: $\operatorname{det}\left(D(U)+m+\mu \gamma_{0}\right)$

$$
\gamma_{5}\left(i p+m+\mu \gamma_{0}\right) \gamma_{5}=\left(-i p+m-\mu \gamma_{0}\right)=\left(i p+m-\mu^{*} \gamma_{0}\right)^{\dagger}
$$

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\operatorname{det} \not D(\mu)=\operatorname{det}^{*} \not D\left(-\mu^{*}\right)
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det real only if $\mu=0$ (or $i \mu_{i}$ ), otherwise can/will be complex

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- Measure $d \varpi \sim \operatorname{det} D$ must be complex to get correct physics:

$\langle$ Tr Polyakov $\rangle=\exp \left(-\frac{1}{T} F_{\mathrm{q}}\right)=\int \operatorname{Re} \operatorname{Pol} \times \operatorname{Re} d \varpi-\operatorname{Im} \operatorname{Pol} \times \operatorname{Im} d \varpi$
$\left\langle\right.$ Tr Polyakov* $\left.{ }^{*}\right\rangle=\exp \left(-\frac{1}{T} F_{\bar{q}}\right)=\int \operatorname{Re} \operatorname{Pol} \times \operatorname{Re} d \varpi+\operatorname{Im} \operatorname{Pol} \times \operatorname{Im} d \varpi$

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\mu \neq 0 \Rightarrow F_{q} \neq F_{\bar{q}} \Rightarrow \operatorname{Im} d \varpi \neq 0
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- Origin: $\mu \neq 0$ breaks charge conj. symm., ie. usually complex conj.

Complex determinant $\Longrightarrow$ no probabilistic interpretation $\longrightarrow$ Monte Carlo ??

## Sampling oscillatory integrands

- Example: $Z(\lambda)=\int d x \exp \left(-x^{2}+\mathbf{i} \lambda \mathbf{x}\right)=\int d x \exp \left(-x^{2}\right) \cos (\lambda x)$

- $Z(\lambda) / Z(0)=\exp \left(-\lambda^{2} / 4\right)$ : exponential cancellations
$\rightarrow$ truncating deep in the tail at $x \sim \lambda$ gives $\mathcal{O}(100 \%)$ error "Every $x$ is important" $\leftrightarrow$ How to sample?

Computational complexity of the sign pb

- How to study: $Z_{\rho} \equiv \int d x \rho(x), \quad \rho(x) \in \mathbf{R}$, with $\rho(x)$ sometimes negative ?

Reweighting: sample with $|\rho(x)|$, and "put the sign in the observable":

$$
\langle W\rangle \equiv \frac{\int d x W(x) \rho(x)}{\int d x \rho(x)}=\frac{\int d x[W(x) \operatorname{sign}(\rho(x))]|\rho(x)|}{\int d x \operatorname{sign}(\rho(x))|\rho(x)|}=\frac{\langle W \operatorname{sign}(\rho)\rangle_{|\rho|}}{\langle\operatorname{sign}(\rho)\rangle_{|\rho|}}
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- $\langle\operatorname{sign}(\rho)\rangle_{|\rho|}=\frac{\int d x \operatorname{sign}(\rho(x))|\rho(x)|}{\int d x|\rho(x)|}=\frac{Z_{\rho}}{Z_{|\rho|}}=\exp (-\frac{V}{T} \underbrace{\Delta f\left(\mu^{2}, T\right)})$, exponentially small diff. free energy dens.
Each meas. of $\operatorname{sign}(\rho)$ gives value $\pm 1 \Longrightarrow$ statistical error $\approx \frac{1}{\sqrt{\# \text { meas }}}$
Constant relative accuracy $\Longrightarrow$ need statistics $\propto \exp \left(+2 \frac{\mathrm{~V}}{\bar{T}} \Delta f\right)$
Large $V$, low $T$ inaccessible: signal/noise ratio degrades exponentially
"Figure of merit" $\Delta f$ : measures severity of sign pb .


## Frogs and birds

- Frogs: acknowledge the sign problem
- explore region of small $\frac{\mu}{T}$ where sign pb is mild enough

- find tricks to enlarge this region


## Taylor expansion, imaginary $\mu$, strong coupling expansion,...

- Birds: solve the sign pb
- solve QCD ?
- find "QCD-ersatz" which can be made sign-pb free


## Complex Langevin, Lefschetz thimble - fermion bags, $Q C_{2} D$, isospin $\mu, \ldots$

- Think different: build an analog QCD simulator with cold atoms
$\longrightarrow$ "Sign problem" conferences...


## First frog steps: $\frac{\mu}{T} \lesssim 1$

Approximate $\langle W\rangle\left(\frac{\mu}{T}\right)$ by truncated Taylor expansion: $\sum_{k=0}^{n} C_{k}(T)\left(\frac{\mu}{T}\right)^{k}$

- Measure $c_{k}, k=0, . ., n$ in a sign-pb-free $\mu=0$ simulation
- Cheaper variant: fit $c_{k}, k=0, . ., n$ to results of imaginary $\mu$ simulations

State of the art: Fodor et al, 1507.07510

Crossover temp. versus chem. pot.


Baryonic chemical potential (MeV)

# Steve Weinberg's <br> Third Law of Progress in Theoretical Physics 

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Optimal choice: Monte Carlo on physical states (no sign pb)
Integrate out quarks, then Monte Carlo on gluons: Not good (sign pb)

* Integrate out gluons, then Monte Carlo on color singlets: Much better

like physical states

Easy at strong coupling $\beta=\frac{6}{g_{0}^{2}}=0$ : 4-link interaction $\beta \operatorname{Re} \operatorname{Tr} U_{P}$ drops out

## Strong coupling limit at finite density (staggered quarks)

Chandrasekharan, Wenger, PdF, Unger, Wolff, ...

- Integrate over U's, then over quarks: exact rewriting of $Z(\beta=0)$ New, discrete "dual' degrees of freedom: meson \& baryon worldlines


Constraint at every site:
3 blue symbols ( $\bullet \bar{\psi} \psi$, meson hop)
or a baryon loop
Update with worm algorithm: "diagrammatic" Monte Carlo

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The dense (crystalline) phase:
1 baryon per site; no space left
$\rightarrow\langle\bar{\psi} \psi\rangle=0$
"diagrammatic" Monte Carlo

## Results $\beta \approx 0$

## w/Unger, Langelage, Philipsen

- Sign pb almost gone: accessible volumes multiplied by $10^{4}$
- Phase diagram $\left(m_{q}=0\right)$ : chiral) phase transition

cf. Wikipedia:
$\left(m_{q} \neq 0\right)$




## Conclusions

- QCD phase diagram: possibly rich -- or not
- QCD critical point: not at small chem. pot.
- Sign problem: hot, interdisciplinary topic


## Remember: Corfu is home of Princess <br> Nausicaa, one of the few women with <br> whom Odysseus did not reach a critical point...

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$$
\text { in "Asymptotic realms of physics", } 1983
$$

- Second Law: do not trust arguments based on lowest-order perturbation theory
- First Law: you will get nowhere by just churning equations


## Basic properties of QCD

- QCD describes properties of quarks (cf. electrons - fermions) interacting by exchanging gluons (cf. photons - bosons)
- QCD is asymptotically free: weaker interaction at higher energy



## The flip side of asymptotic freedom: "infrared slavery"

- Strong coupling at low energy $\rightarrow$ non-perturbative
- Quarks are confined into color-neutral (color singlet) bound-states (hadrons):
qqq baryons: proton \& neutron (ordinary matter), ...

$q \bar{q}$ mesons: pion (lightest), kaon, rho, ...


Exotics: glueballs, tetraquarks $q q \bar{q} \bar{q}$, pentaquarks $q q q q \bar{q}$, etc...

In principle, all calculable by Lattice QCD simulations

## Scope of lattice QCD simulations: Physics of color singlets

* "One-body" physics: confinement
hadron masses
form factors, etc..



## Example: hadron masses



BMW collaboration
arXiv:0906.3599 $\rightarrow$ Science


PACS-CS collaboration
arXiv:0807.166|

Follow-up: neutron-proton mass diff.
arXiv:|406.4088 $\rightarrow$ Science

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* "One-body" physics: confinement hadron masses form factors, etc..

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** "Two-body" physics: nuclear interactions pioneers Hatsuda et al, Savage et al

*** Many-[composite]-body physics: nuclear matter phase diagram vs (temperature $T$, density $\leftrightarrow \mu_{B}$ )


## Motivation: how to make the sign problem milder?

- Severity of sign pb. is representation dependent:

Generically: $\quad Z=\operatorname{Tr} e^{-\beta H}=\operatorname{Tr}\left[e^{-\frac{\beta}{N} H}\left(\sum|\psi\rangle\langle\psi|\right) e^{-\frac{\beta}{N} H}\left(\sum|\psi\rangle\langle\psi|\right) \cdots\right]$
Any complete set $\{|\psi\rangle\}$ will do
If $\{|\psi\rangle\}$ form an eigenbasis of $H$, then $\left\langle\psi_{k}\right| e^{-\frac{\beta}{N} H}\left|\psi_{l}\right\rangle=e^{-\frac{\beta}{N} E_{k}} \delta_{k l} \geq 0 \rightarrow$ no sign pb

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Usual: • integrate over quarks analytically $\rightarrow \operatorname{det}(\{U\})$

- Monte Carlo over gluon fields $\{U\}$

Reverse order: - integrate over gluons $\{U\}$ analytically

- Monte Carlo over quark color singlets (hadrons)
- Caveat: must turn off 4-link coupling in $\beta \sum_{P} \operatorname{Re} \operatorname{Tr} U_{P}$ by setting $\beta=0$

$$
\beta=\frac{6}{g_{0}^{2}}=0: \text { strong-coupling limit } \longleftrightarrow \text { continuum limit }(\beta \rightarrow \infty)
$$

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$$
Z(\beta=0)=\int \prod_{x} d \bar{\psi} d \psi \quad \prod_{x, \nu}\left(\int d U_{x, \nu} e^{-\left\{\bar{\psi}_{x} U_{x, \nu} \psi_{x+\hat{\nu}}-\text { h.c. }\right\}}\right)
$$

Product of 1-link integrals performed analytically

## More difficulties: the overlap problem

- Further danger: insufficient overlap between sampled and reweighted ensembles

Very large weight carried by very rarely sampled states
$\rightarrow$ WRONG estimates in reweighted ensemble for finite statistics

- Example: sample $\exp \left(-\frac{x^{2}}{2}\right)$, reweight to $\exp \left(-\frac{\left(x-x_{0}\right)^{2}}{2}\right) \rightarrow\langle x\rangle=x_{0}$ ?

- Estimated $\langle x\rangle$ saturates at largest sampled $x$-value - Error estimate too small


Insufficient overlap $\left(x_{0}=5\right)$ Solution: Need stats $\propto \exp (\Delta S)$


Very non-Gaussian distribution of reweighting factor Log-normal Kaplan et al.

## The CPU effort grows exponentially with $L^{3} / T$

CPU effort to study matter at nuclear density in a box of given size Give or take a few powers of $10 \ldots$


Crudely based on: • 1 sec on 1 GF laptop for $2^{4}$ lattice, $a=0.1 \mathrm{fm}$

- effort $\propto \exp (2 \frac{V}{T} \underbrace{\rho_{\text {nucl. }}\left(m_{B}-3 / 2 m_{\pi}\right)}_{\Delta f})$


## Severity of sign problem? Monitor $\Delta f=-\frac{1}{V} \log \langle\operatorname{sign}\rangle$



- $\langle\operatorname{sign}\rangle=\frac{Z}{Z_{\| \mid}} \sim \exp \left(-\frac{V}{T} \Delta f\left(\mu^{2}\right)\right)$ as expected
- Determinant method $\rightarrow \Delta f \sim \mathcal{O}(1)$. Here, Gain $\mathcal{O}\left(10^{4}\right)$ in the exponent!
- heuristic argument correct: color singlets closer to eigenbasis
- negative sign? product of local neg. signs caused by spatial baryon hopping:
- no baryon $\rightarrow$ no sign pb (no silver blaze pb.)
- saturated with baryons $\rightarrow$ no sign pb


## Results - Crude nuclear matter: spectroscopy w/Fromm




- Can compare masses of differently shaped "isotopes"
- $\operatorname{am}(A) \sim a \mu_{B}^{\text {crit }} A+(36 \pi)^{1 / 3} \sigma a^{2} A^{2 / 3}$, ie. (bulk + surface tension) empirical mass formula, parameter-free ( $\mu_{B}^{\text {crit }}$ and $\sigma$ measured separately)
- "Magic numbers" with increased stability: $A=4,8,12$ (reduced area)

