The QCD phase diagram from the lattice

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Motivation

What happens to matter when it is heated and/or compressed?

Water changes its state when heated or compressed



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What happens to quarks and gluons when heated or compressed?

QCD under extreme conditions

Confinement: quarks are bound in color-neutral hadrons: qqq baryons & $q\bar{q}$ mesons Compress or heat baryons: hadrons overlap \rightarrow confinement "lost" \Rightarrow expect interesting/unusual behaviour



The wonderland phase diagram of QCD from Wikipedia



Caveat: everything in red is a conjecture

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Minimal, possible phase diagram

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Heavy-ion collisions





Knobs to turn:

- atomic number of ions
- collision energy \sqrt{s}

So far, no sign of QCD critical point (esp. RHIC beam energy scan)

"critical opalescence" ?

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non-Gaussian fluctuations (Stephanov)

Finite μ : what is known?

Lattice: Sign problem as soon as $\mu \neq 0$



Minimal, possible phase diagram

Lattice QCD: Euclidean path integral

space + imag. time $\rightarrow 4d$ hypercubic grid:

$$Z = \int \mathcal{D}U\mathcal{D}\bar{\psi}\mathcal{D}\psi e^{-S_{E}[\{U,\bar{\psi},\psi\}]}$$



• Discretized action S_E :

•
$$\psi(x) U_{\mu}(x) \psi(x + \hat{\mu}) + h.c.,$$

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• $\psi(y) \psi$

• Monte Carlo: with Grassmann variables $\psi(x)\psi(y) = -\psi(y)\psi(x)$?? Integrate out analytically (Gaussian) \rightarrow determinant *non-local*

 $\operatorname{Prob}(\operatorname{config}\{U\}) \propto \operatorname{det}^2 \mathcal{D}(\{U\}) e^{+\beta \sum_P \operatorname{ReTr} U_P}$ real non-negative when $\mu = 0$

Why are we stuck at $\mu = 0$? The "sign problem"

• quarks anti-commute \rightarrow integrate analytically: $\det(\mathcal{D}(U) + m + \mu\gamma_0)$ $\gamma_5(i\not p + m + \mu\gamma_0)\gamma_5 = (-i\not p + m - \mu\gamma_0) = (i\not p + m - \mu^*\gamma_0)^{\dagger}$

det real only if $\mu = 0$ (or $i\mu_i$), otherwise can/will be complex

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• Measure $d\varpi \sim \det D$ must be complex to get correct physics:



$$\langle \text{Tr Polyakov} \rangle = \exp(-\frac{1}{T}F_{\mathbf{q}}) = \int \text{Re Pol} \times \text{Re } d\varpi - \text{Im Pol} \times \text{Im } d\varpi$$



$$\langle \text{Tr Polyakov}^* \rangle = \exp(-\frac{1}{T}F_{\overline{\mathbf{q}}}) = \int \text{Re Pol} \times \text{Re } d\varpi + \text{Im Pol} \times \text{Im } d\varpi$$

 $\mu \neq 0 \Rightarrow F_q \neq F_{\overline{q}} \Rightarrow \text{Im}d\varpi \neq 0$

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• Origin: $\mu \neq 0$ breaks charge conj. symm., ie. usually complex conj.

Complex determinant \implies no probabilistic interpretation \longrightarrow Monte Carlo ??

Sampling oscillatory integrands





Computational complexity of the sign pb

• How to study: $Z_{\rho} \equiv \int dx \ \rho(x), \ \rho(x) \in \mathbf{R}$, with $\rho(x)$ sometimes negative ?

Reweighting: sample with $|\rho(x)|$, and "put the sign in the observable":

$$\langle W \rangle \equiv \frac{\int dx \ W(x)\rho(x)}{\int dx \ \rho(x)} = \frac{\int dx \ [W(x)\operatorname{sign}(\rho(x))] \ |\rho(x)|}{\int dx \ \operatorname{sign}(\rho(x)) \ |\rho(x)|} = \left| \frac{\langle W\operatorname{sign}(\rho) \rangle_{|\rho|}}{\langle \operatorname{sign}(\rho) \rangle_{|\rho|}} \right|$$

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•
$$\langle \operatorname{sign}(\rho) \rangle_{|\rho|} = \frac{\int dx \, \operatorname{sign}(\rho(x))|\rho(x)|}{\int dx \, |\rho(x)|} = \boxed{\frac{Z_{\rho}}{Z_{|\rho|}}} = \exp(-\frac{V}{T} \Delta f(\mu^2, T)), \text{ exponentially small}$$

diff. free energy dens.

Each meas. of sign(ρ) gives value $\pm 1 \Longrightarrow$ statistical error $\approx \frac{1}{\sqrt{\# \text{ meas.}}}$

Constant relative accuracy \implies need statistics $\propto \exp(+2\frac{V}{T}\Delta f)$

Large V, low T inaccessible: signal/noise ratio degrades exponentially

"Figure of merit" Δf : measures severity of sign pb.

Frogs and birds

- Frogs: *acknowledge* the sign problem
 - explore region of small $\frac{\mu}{T}$ where sign pb is mild enough
 - find tricks to enlarge this region

Taylor expansion, imaginary μ , strong coupling expansion,...

- Birds: *solve* the sign pb
 - solve QCD ?



- find "QCD-ersatz" which can be made sign-pb free

Complex Langevin, Lefschetz thimble – fermion bags, QC_2D , isospin μ ,...

• *Think different*: build an analog QCD simulator with cold atoms





First frog steps: $\frac{\mu}{T} \lesssim 1$

Approximate $\langle W \rangle (\frac{\mu}{T})$ by truncated Taylor expansion: $\sum_{k=0}^{n} c_k(T) (\frac{\mu}{T})^k$

- Measure $c_k, k = 0, ..., n$ in a sign-pb-free $\mu = 0$ simulation
- Cheaper variant: fit $c_k, k = 0, ..., n$ to results of *imaginary* μ simulations

State of the art: Fodor et al, 1507.07510



Steve Weinberg's Third Law of Progress in Theoretical Physics

You may use any degrees of freedom you like to describe a physical system, but if you use the wrong ones, you'll be sorry

in "Asymptotic realms of physics", 1983

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Optimal choice: Monte Carlo on physical states (no sign pb)

Integrate out quarks, then Monte Carlo on gluons: Not good (sign pb)
 Integrate out gluons, then Monte Carlo on color singlets: Much better

like physical states

Easy at strong coupling $\beta = \frac{6}{g_0^2} = 0$: 4-link interaction $\beta \operatorname{ReTr} U_P$ drops out

Strong coupling limit at finite density (staggered quarks) Chandrasekharan, Wenger, PdF, Unger, Wolff, ...

• Integrate over U's, then over quarks: exact rewriting of $Z(\beta = 0)$

New, discrete "*dual*" degrees of freedom: meson & baryon worldlines



Constraint at every site: 3 blue symbols (• $\bar{\psi}\psi$, meson hop) or a baryon loop Undate with worm algorith

Update with worm algorithm: "diagrammatic" Monte Carlo

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Constraint at every site: 3 blue symbols (• $\bar{\psi}\psi$, meson hop) or a baryon loop

The dense (crystalline) phase: 1 baryon per site; no space left $\rightarrow \langle \bar{\psi}\psi \rangle = 0$

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Update with worm algorithm: "diagrammatic" Monte Carlo



Conclusions

- QCD phase diagram: possibly rich -- or not
- QCD critical point: not at small chem. pot.
- Sign problem: hot, interdisciplinary topic

Remember: Corfu is home of Princess Nausicaa, one of the few women with whom Odysseus did **not** reach a critical point...

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 Second Law: do not trust arguments based on lowest-order perturbation theory

• First Law: you will get nowhere by just churning equations

Basic properties of QCD

- QCD describes properties of *quarks* (cf. electrons fermions) interacting by exchanging *gluons* (cf. photons – bosons)
- QCD is *asymptotically free*: weaker interaction at higher energy



The flip side of asymptotic freedom: "infrared slavery"

 \bullet Strong coupling at low energy \rightarrow non-perturbative

• Quarks are **confined** into color-neutral (color singlet) **bound-states** (hadrons):

qqq baryons: proton & neutron (ordinary matter), ...

qqqmesons: pion (lightest), kaon, rho, ...



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Exotics: glueballs, tetraquarks $qq\bar{q}\bar{q}$, pentaquarks $qqqq\bar{q}$, etc...

In principle, all calculable by Lattice QCD simulations

Scope of lattice QCD simulations: Physics of color singlets

* "One-body" physics: confinement hadron masses form factors, etc..





Example: hadron masses



BMW collaboration arXiv:0906.3599 \rightarrow Science PACS-CS collaboration arXiv:0807.1661

Follow-up: neutron-proton mass diff.

arXiv:1406.4088 \rightarrow Science

Scope of lattice QCD simulations: Physics of color singlets

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** "Two-body" physics: nuclear interactions pioneers Hatsuda et al, Savage et al







hard-core + pion exchange?

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Scope of lattice QCD simulations: Physics of color singlets

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*** Many-[composite]-body physics: nuclear matter phase diagram vs (temperature T, density $\leftrightarrow \mu_B$)

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• Severity of sign pb. is representation dependent: Generically: $Z = \text{Tr}e^{-\beta H} = \text{Tr}\left[e^{-\frac{\beta}{N}H}\left(\sum |\psi\rangle\langle\psi|\right)e^{-\frac{\beta}{N}H}\left(\sum |\psi\rangle\langle\psi|\right)\cdots\right]$ Any complete set $\{|\psi\rangle\}$ will do If $\{|\psi\rangle\}$ form an eigenbasis of H, then $\langle\psi\rangle|e^{-\frac{\beta}{N}H}|\psi\rangle = e^{-\frac{\beta}{N}E_k}\delta_{\text{ex}} > 0$, λ are sign

If $\{|\psi\rangle\}$ form an eigenbasis of H, then $\langle\psi_k|e^{-\frac{\beta}{N}H}|\psi_I\rangle = e^{-\frac{\beta}{N}E_k}\delta_{kI} \ge 0 \rightarrow \text{no sign pb}$

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Usual: • integrate over quarks analytically $\rightarrow det(\{U\})$ • Monte Carlo over gluon fields $\{U\}$ Reverse order: • integrate over gluons $\{U\}$ analytically

Monte Carlo over quark color singlets (hadrons)

• Caveat: must turn off 4-link coupling

in $\beta \sum_{P} \operatorname{ReTr} U_{P}$ by setting $\beta = 0$

 $\left(eta=rac{6}{g_0^2}=0$: strong-coupling limit \longleftrightarrow continuum limit $(eta o\infty)$

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Monte Carlo over quark color singlets (hadrons)

$$Z(\beta=0) = \int \prod_{x} d\bar{\psi} d\psi \quad \prod_{x,\nu} \left(\int dU_{x,\nu} e^{-\{\bar{\psi}_{x} U_{x,\nu} \psi_{x+\hat{\nu}} - h.c.\}} \right)$$

Product of 1-link integrals performed analytically

More difficulties: the overlap problem

• Further danger: insufficient overlap between sampled and reweighted ensembles

Very large weight carried by very rarely sampled states \rightarrow WRONG estimates in reweighted ensemble for finite statistics

• Example: sample
$$\exp(-\frac{x^2}{2})$$
, reweight to $\exp(-\frac{(x-x_0)^2}{2}) \rightarrow \langle x \rangle = x_0$?





Insufficient overlap ($x_0 = 5$)



Very non-Gaussian distribution of reweighting factor Log-normal Kaplan et al.

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Solution: Need stats $\propto \exp(\Delta S)$

The CPU effort grows exponentially with L^3/T

CPU effort to study matter at nuclear density in a box of given size Give or take a few powers of 10...



Severity of sign problem? Monitor $\Delta f = -\frac{1}{V} \log \langle \text{sign} \rangle$



• $\langle \text{sign} \rangle = \frac{Z}{Z_{||}} \sim \exp(-\frac{V}{T}\Delta f(\mu^2))$ as expected

• Determinant method $\rightarrow \Delta f \sim \mathcal{O}(1)$. Here, Gain $\mathcal{O}(10^4)$ in the exponent!

- heuristic argument correct: color singlets closer to eigenbasis
- negative sign? product of *local* neg. signs caused by spatial baryon hopping:
 - no baryon \rightarrow no sign pb (no silver blaze pb.)
 - \bullet saturated with baryons \rightarrow no sign pb

Results – Crude nuclear matter: spectroscopy w/Fromm



Can compare masses of differently shaped "isotopes"

- $am(A) \sim a\mu_B^{\text{crit}}A + (36\pi)^{1/3}\sigma a^2 A^{2/3}$, ie. (bulk + surface tension) empirical mass formula, parameter-free (μ_B^{crit} and σ measured separately)
- "Magic numbers" with increased stability: A = 4, 8, 12 (reduced area)